

The

Navigator

Oct-Nov-Dec 2026

**Professional Development
Training Catalog**

**Share Your
Little Ones'
Masterpieces!**

More details on page 5.

CONTACT US

**Call: (315) 446-1220
Toll Free: (888) 729-7290
ccs@ccscny.org**

Syracuse Office

**1101 Erie Blvd East
Syracuse, NY 13210
Mon-Fri 8:30am - 4:30pm**

Auburn Office

**100 North St., Suite 3
Auburn, NY 13021
Tues-Fri 8:30am-4:00pm**

Key OCFS Topic Areas

- 1 Principles of Childhood Development
- 2 Nutrition & Health Needs of Infants & Children
- 3 Child Day Care Program Development
- 4 Safety & Security Procedures
- 5 Business Record Maintenance & Management
- 6 Child Abuse & Maltreatment Identification & Prevention
- 7 Statutes & Regulations Pertaining to Child Day Care
- 8 Statutes & Regulations Child Abuse & Maltreatment
- 9 Education & Information on Shaken Baby Syndrome
- 10 Adverse Childhood Experiences, Focused on Understanding Trauma

OCFS Requirements

All child care personnel (staff, employees, caregivers, and volunteers with regular and substantial contact with children) are required to complete 30 hours of training every two years, covering the 10 Key Topic Areas.

October Trainings

Infants/Toddlers Social-Emotional Development

• **Tues. Oct. 6 | 6:30-8:30pm | Syracuse**

In this engaging two-hour training, participants will explore how secure attachments, play, and daily routines support emotional development, learn to recognize what young children's behaviors are communicating, and discover practical, research-based strategies to help children manage big emotions with confidence. Through reflection, discussion, and real-life scenarios, caregivers will leave with tools they can immediately use to strengthen relationships, reduce challenging behaviors, and create emotionally safe environments where every child can thrive.

Instructor: Lisa Jillson

Topic Areas: 1,2,3,4,7

Class Fee \$30, \$20 for CCS Members

Caring for Children with Allergies, Nutrition and Health Essentials for Caregivers

• **Wed. Oct. 7 | 6:30pm-8:30pm | Auburn**

This training prepares daycare providers to recognize common food allergens, identify the signs and symptoms of allergic reactions and anaphylaxis, and respond appropriately in emergencies. Participants will learn strategies to prevent allergen exposure through safe food handling, label reading, effective supervision, and communication with families while supporting children's nutritional needs and creating a safe, inclusive environment.

Instructor: Roselis Canete Hernandez

Topic Areas: 2,4,7

Class Fee \$30, \$20 for CCS Members

Unlock Year-Round Savings!

An annual individual or program Child Care Solutions (CCS) membership delivers discounted training throughout the year.

**Join today
and start saving \$\$!**

Program Contracts & Policies

• **Wed. Oct. 7 | 6:30-8:30 pm | Syracuse Office**

This training guides family child care providers in developing clear business policies—covering enrollment, fees, attendance, health rules, and legal compliance—to establish professional relationships, protect providers, and set consistent expectations.

Instructor: Rebecca Rogers

Topic Areas: 3,5 | FREE

Program Contracts & Policies

• **Wed. Oct. 14 | 6:30-8:30 pm | Auburn Office**

This training guides family child care providers in developing clear business policies—covering enrollment, fees, attendance, health rules, and legal compliance—to establish professional relationships, protect providers, and set consistent expectations.

Instructor: Rebecca Rogers

Topic Areas: 3,5 | FREE

The Power of Play

• **Thurs. Oct. 15 | 6:30pm - 8:30pm | Syracuse Office**

In this training, participants will explore the power and importance of play. Focusing on child-directed vs adult-directed play, participants will discuss object play and social play for young children.

Instructor: Kris Kline

Topic Areas: 1,3,

Class Fee \$30, \$20 for CCS Members

Paperwork & Regulations Pertaining to Child Abuse & Maltreatment Including Shaken Baby Syndrome

• **Thurs. Oct. 29 | 6:30-8:30pm | Syracuse Office**

This training will focus on the paperwork and regulations connected to child abuse and maltreatment. Participants will walk through the process of properly documenting and reporting suspected child abuse, as well as information on the identification and prevention of shaken baby syndrome.

Instructor: Lisa Jillson

Topic Areas: 5,8,9

Class Fee \$30, \$20 for CCS Members

Tax season just got easier.

Let us bring our Basic Tax Prep & Record Keeping service directly to your door. Relax while we handle the heavy lifting.

Call our Business Specialist, Rebecca Rogers, to schedule an appointment:

(315) 446-1220 x332

This information is for educational purposes only and does not constitute professional tax or legal advice. We are not permitted to file tax returns on your behalf; please consult a qualified tax professional for filing assistance.

ATTENTION

Licensed Family & Group Family Day Care Providers!

Elevate your child care business with free expert support and powerful tools:

- **1:1 Coaching & Peer Network:** Customized 1-on-1 coaching and collaborative monthly meetings to share ideas with other ECE professionals.
- **Free CCMS Software:** A 1-year premium license to streamline billing, attendance, and communication.
- **Business Support:** Expert help with marketing, enrollment, budgeting, among others.
- **Exclusive Perks:** Access to retirement plans, memberships, insurance navigation, telehealth (for your family and staff), and more!

Contact Nicole Collazo-Cruz

ESFCCC Business Coach

(315) 446-1220 x309

nicolecc@ccscny.org



ESFCCC



Early Care & Learning Council
United to Promote Quality



Office of Children and Family Services

Health & Safety Training

Competencies for Becoming a Family or Group Family Day Care Provider

Class consists of three dates:

- **Mon. Nov. 2** from 9 am - 4 pm, **Wed. Nov. 4** from 9 am - 4 pm
and **Fri. Nov. 6** from 9 am - 2 pm | **Syracuse Office**

This competency-based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new family or group family day care applicants in New York State before licensure or registration, as well as for existing family or group family day care providers who change location or modality. NYS OCFS requires this course for all new FDC and GFDC providers.

Instructor: Kris Kline

Topic Areas: 2,4,5,6,7,8,9 | Class Fee \$250

MAT

(Medication Administration Training)

Two dates available:

- **Sat. Oct. 24** | 9 am-3 pm | **Syracuse Office**
- **Sat. Dec. 5** | 9 am-3 pm | **Syracuse Office**

The MAT course is an 8 credit hour, skill-based training designed to help child care professionals safely administer medication in their program. The class covers medication effects, preparation and administration techniques, permission requirements, emergency care, handling, storage, and safe disposal. This course, offered via the Independent Study option, requires participants to complete approximately 3–4 hours of self-paced online video training and exercises before attending a required classroom session. A working email address is required for registration.

Instructor: Roselis Canete Hernandez

Topic Areas: 2,4,7 | 8 Credit Hrs | Fee \$150

Primeros Auxilios/RCP Adulto/Pediatrico

Primeros Auxilios/RCP Adulto/Pediatrico

- **Sáb. 3 de Oct.** | 8:30 am-3:30 pm | **Oficina de Syracuse**

Este curso incorpora la ciencia más reciente y enseña a los estudiantes a reconocer y atender una variedad de emergencias de primeros auxilios, como quemaduras, cortes, raspaduras, enfermedades súbitas, emergencias por calor/frío y cómo responder a emergencias respiratorias y cardíacas para ayudar a víctimas de cualquier edad: adultos (aproximadamente 12 años en adelante) y pediátricos (bebés y niños hasta 12 años de edad). Los participantes que completen con éxito este curso recibirán un certificado de Primeros Auxilios/RCP para Adultos y Pediátricos de la Cruz Roja Americana (válido por dos años).

Instructora: Roselis Canete Hernandez

Áreas Temáticas: 2,4 | Miembro \$115 | No Miembro \$125

**Contact our Prof Dev Coordinator,
Kris Kline, at (315) 446-1220 x347
KrisK@ccscny.org**

**Staff training when and where you need it.
On-site trainings are available in various
subjects and certifications**

CPR/First Aid

(Blended) Adult/Pediatric CPR/First Aid

• **Tues. Nov. 10 | 6:30-9 pm | Auburn Office**

This blended learning course combines the flexibility of online learning with hands-on, in-person skills practice. Participants will first complete the American Red Cross online training at their own pace, learning to recognize and respond to first aid emergencies such as burns, cuts, scrapes, sudden illnesses, heat- and cold-related emergencies, and breathing and cardiac emergencies involving adults, children, and infants. After completing the online portion, participants will attend an in-person skills session to practice and demonstrate the required techniques with a certified American Red Cross Instructor. Participants who complete both the online learning and in-person skills assessment will receive an American Red Cross Adult and Pediatric First Aid/CPR/AED certification, valid for two years.

Instructor: Lisa Jillson

Topic Areas: 2,4

Class Fee \$95, \$85 for CCS Members

Adult/Pediatric First Aid/CPR

• **Sat. Dec. 12 | 8:30 am-3:30 pm | Syracuse Office**

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies, such as burns, cuts, scrapes, sudden illnesses, heat/cold emergencies, and how to respond to breathing and cardiac emergencies to help victims of any age—adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Participants who complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR (valid for two years).

Instructor: Lisa Jillson

Topic Areas: 2,4

Class Fee \$125, \$115 for CCS Members



Call for Young Artists: Share Your Little Ones' Masterpieces!

We are inviting early childhood programs in our community to share original artwork created by the children in your care to be proudly displayed across our new Syracuse office!

Whether it is a single masterpiece or a collaborative classroom project, we want to showcase the incredible creativity happening in your programs every day.

Quick Details

- **Paper Supplied:** Because these are such special artworks, we are supplying XL paper to match! Just say the word, and we'll happily deliver the drawing paper right to your door.
- **What to Submit:** Bright, joyful drawings, paintings, or flat collages reflecting themes like nature, animals, or community fun.
- **How to Share:** Drop off or mail finished pieces to any CCS location. (Please include the program name on the back.)



CONTACT US

Call: (315) 446-1220

Toll Free: (888) 729-7290

ccs@childcaresolutionscny.org

November Trainings

Basic Tax Prep & Record Keeping

Wed. Nov. 4 | 6:30-8:30 pm | Syracuse Office

Tax rules and financial paperwork can feel overwhelming, but we break everything down into clear, manageable steps. In this welcoming and collaborative environment, learn the essential tools needed to keep accurate records, understand basic tax preparation, and stay organized year-round.

Instructor: Rebecca Rogers

Topic Areas: 3,5 | Class Fee \$30, \$20 for CCS Members

STEM With Infants/Toddlers

• Thurs. Nov. 5 | 6:30-8:30pm | Syracuse Office

Incorporating STEM (Science, Technology, Engineering and Math) with infants and toddlers is an important factor in learning and development. This training will discuss the importance of STEM and ways to implement it in your infant and toddler program.

Instructor: Lisa Jillson

Topic Areas: 1,2 | Class Fee \$30, \$20 for CCS Members

Creating Calm

• Thurs. Nov. 12 | 6:30 - 8:30pm | Auburn Office

Working with children on self-regulation is an important skill that will help to reduce behavior management concerns. Explore mindfulness and relaxation methods you can bring into your classroom the very next day. Activities for children from birth to school age will be included. Everyone can benefit from creating a calm environment and practicing mindfulness techniques.

Instructor: Kris Kline

Topic Areas: 1,3,10 | Class Fee \$30, \$20 for CCS Members

Preparing for Terrific Transitions

• Tues. Nov. 17 | 6:30-8:30pm | Syracuse Office

Do you find it challenging to transition children from one activity to another? Do you find yourself comforting family members during drop-off time? This workshop is for you! Participants will discuss the importance of working with children during transitions and how to help children and their families cope with the separation and transition from home to childcare.

Instructor: Lisa Jillson

Topic Areas: 1,3 | Class Fee \$30, \$20 for CCS Members



Take Charge of Your Professional Growth

Want the latest professional development updates? Get training alerts, event news, and the digital Navigator sent straight to your inbox.

December Trainings

Challenges & Success in Toilet Training

• **Wed. Dec. 2 | 6:30-8:30pm | Zoom**

This informative training will discuss the challenges/successes related to toilet training, focusing on readiness, parent and caregiver communication, toilet training equipment and clothing, regression, and policies and procedures.

Instructor: Lisa Jillson

Topic Areas: 1,2,4

Class Fee \$30, \$20 for CCS Members

Positive Behavior Guidance

• **Tues. Dec. 8 | 6:30 - 8:30 pm | Zoom**

In this training, participants will learn positive strategies to reduce the likelihood of challenging behaviors in preschool children, such as building a nurturing relationship with children and providing a predictable routine. Participants will also discuss strategies to manage challenging behaviors once they occur, as well as review the OCFS Regulations section on behavior management.

Instructor: Kris Kline

Topic Areas: 1,3,7

Class Fee \$30, \$20 for CCS Members

Business & Financial Structure

• **Wed. Dec. 9 | 6:30-8:30 pm | Syracuse Office**

This training provides group and family child care providers with the knowledge and skills needed to establish and manage a successful home-based child care business. Participants will learn how to create sustainable business practices, meet regulatory requirements, and make informed financial decisions that support long-term program growth and stability.

Instructor: Rebecca Rogers

Topic Areas: 3,5

Class Fee \$30, \$20 for CCS Members

Developmentally Appropriate Discipline & Regulations

• **Tues. Dec. 15 | 6:30-8:30 pm | Zoom**

This training has been designed to help participants understand the NYS OCFS Regulations regarding discipline. During this training, participants will have the opportunity to dissect and discuss the regulatory requirements for behavior management, how to use discipline in a developmentally appropriate manner in childcare programs, and the difference between physical intervention and physical restraint.

Instructor: Lisa Jillson

Topic Areas: 1,3,4,5,7 | Class Fee \$30, \$20 for CCS Members

Safety & Supervision

• **Thurs. Dec. 17 | 6:30 - 8:30 pm | Zoom**

This training prepares participants to address OCFS Regulations using "real-life" scenarios that will be reviewed, discussed, and addressed using specific OCFS Regulation criteria.

Instructor: Kris Kline

Topic Areas: 2,4,7 | Class Fee \$30, \$20 for CCS Members

Health Care Consultant (HCC)



The HCC helps your program by:

- **Medication Administration:** Teaches MAT and assists with OCFS compliance.
- **Plan Approval:** Reviews and approves Health Care Plans (HCP).
- **Health & Safety Guidance:** Advises on infection control, allergies, chronic health conditions, and emergency procedures.
- **Program Support:** Promotes overall healthy and safe child care practices.

For more information or to connect with our HCC, Roselis Canete Hernandez, call (315) 466-1220 x350



CHILD CARE SOLUTIONS

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Syracuse, NY 13210



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The federally funded **Child & Adult Care Food Program (CACFP)** can reimburse you for serving nutritious meals.

READY TO JOIN?

Contact our Provider Services
(315) 446-1220 x353
AshleyG@ccscny.org

INFANT & EARLY CHILDHOOD MENTAL HEALTH SUPPORT IS HERE.

Reduce challenging behaviors and support the social-emotional development of children up to age five.

Our state-wide consultation program partners directly with adult caregivers to create a more supportive environment.

Improve Child Well-being Today.

Contact Tasha Mallore
(315) 446-1220 x351

