

The Navigator

Fall 2024 | October - December



Welcome

— and thank you

Dear Providers,

We sincerely thank you for your continued commitment to excellence in the early child care and learning system. In an effort to promote the wonderful child care programs in our area, we are asking providers like you to take photos of the exciting things happening and send them back to us by scanning the QR code.

Our goal with this initiative is not only to showcase what we do, but also to help promote your programs and services to our audience on social media.

We understand that there are privacy concerns when sharing photos of children; therefore, we require that all children photographed in the submissions have a signed media release form by their parent/guardian which can be picked up at our Syracuse office or submitted through the following link: childcaresolutionscny.formstack.com/forms/media_release_form.



Don't Miss Out!

— Get your personalized workshops scheduled

Contact Jean Fetzko today at (315) 446-1220 x314 to schedule your onsite training, and we will come to you! We can customize your training to your staffs needs. Specializing in infant/toddler topics, classroom set-up, behavior management, curriculum ideas, team building, and more.

Key Topic Areas

- 1 Principals of Childhood Development
- 2 Nutrition & Health Needs of Infants & Children
- 3 Child Day Care Program Development
- 4 Safety & Security Procedures
- 5 Business Record Maintenance & Management
- 6 Child Abuse & Maltreatment Identification & Prevention
- 7 Statutes & Regulations Pertaining to Child Day Care
- 8 Statutes & Regulations Pertaining to Child Abuse & Maltreatment
- 9 Education & Information on Shaken Baby Syndrome
- 10 Adverse Childhood Experiences, Focused on Understanding Trauma

Professional Development Team Contact Information

Jean Fetzko

Professional Dev. Director
(315) 446-1220 x314
jeanf@childcaresolutionscny.org



Kris Kline

Professional Dev. Specialist
(315) 446-1220 x347
krisk@childcaresolutionscny.org



Katie Mueller

Infant Toddler Specialist
(315) 446-1220 x352
katiem@childcaresolutionscny.org



Stacey Percey, RN

Healthcare Consultant
(315) 446-1220 x350
staceyp@childcaresolutionscny.org



Kathleen Gardiner

Business Support Specialist
(315) 446-1220 x332
kathleeng@childcaresolutionscny.org



Kristi Cusa

Professional Dev. Specialist
(315) 446-1220 x309
kristic@childcaresolutionscny.org



“
The art of teaching is the art of discovery.
— Mark Van Doven”

We Are Hiring!

——— Join Our Team

- Administrative Support Specialist
- Registrar

For full descriptions, visit:
bit.ly/ccs-career-opportunities

Career Benefits

- Earned Time Off
- Paid Sick Time
- 11 Paid Holidays
- 1 Floating Holiday
- Health Insurance
- Health Savings Account
- Dental Insurance
- Vision Insurance
- Retirement Benefits



October Mini Conference Agenda

Fall into a great book on Monday, October 14 at our Mini Conference. Embrace the cozy vibes of the season as you choose between an engaging in-person experience (6724 Thompson Road, Syracuse, NY 13021) or a convenient virtual track (limited spots available).

Enjoy lunch, enter our exciting raffles, and grab fabulous giveaways if you join us in person!

In-Person Training

8:00 AM - 8:30 AM: Registration

8:30 AM - 10:00 AM: Session #1

(Choose one option)

- 1) Child Abuse & SBS
 - Instructor: Kristi Cusa
- 2) Positive Behavior Guidance
 - Instructor: Kris Kline

10:15 AM - 11:45 AM: Session #2

(Choose one option)

- 1) Purposeful Conversations with Young Children
 - Instructor: Kristi Cusa
- 2) Supervision
 - Instructor: Kris Kline

11:45 AM - 12:45 PM: Lunch

12:45 PM: Raffles & Giveaways

1:00 PM - 2:30 PM: Session #3

Make & Take

(Choose one option)

- 1) Mindful Moments
 - Instructor: Kris Kline
- 2) Literacy
 - Instructor: Kristi Cusa

Virtual Training

8:00 AM - 8:30 AM: Registration

8:30 AM - 10:00 AM: Session #1

- 1) Positive Behavior Guidance
 - Instructor: Jean Fetzko

10:15 AM - 11:45 AM: Session #2

- 2) Purposeful Conversations with Young Children
 - Instructor: Jean Fetzko

11:45 AM - 12:45 PM: Break

1:00 PM - 2:30 PM: Session #3

Ideas to Make

- 3) Mindful Moments
 - Instructor: Katie Mueller

*Please Note: Virtual (Zoom) links will be sent to participants after registration.



Member: \$150.00
Non-Member: \$175.00

For more information & to register, please scan the QR Code or visit bit.ly/october-mini-conference.

For questions or concerns, please contact Jean Fetzko at (315) 446-1220 x314 or jeanf@childcaresolutionscny.org.



October Mini Conference Workshops

Virtual

Positive Behavior Guidance

Session #1

8:30 AM - 10:00 AM

Learn positive behavior guidance strategies in line with New York State Office of Children and Family Services (OCFS) regulations.

Instructor: Jean Fetzko

OCFS: 1, 3, 7

Purposeful Conversations with Young Children

Session #2

10:15 AM - 11:45 AM

Discuss the many ways an educator can promote and enhance language development with young children.

Instructor: Jean Fetzko

OCFS: 1, 3

Mindful Moments: Cultivating Calm & Connection In Your Environment

Session #3

1:00 PM - 2:30 PM

Learn about and create tools and activities to promote a calm and naturing environment.

Instructor: Katie Mueller

OCFS: 1, 3, 10

In-Person

Child Abuse & Shaken Baby Syndrome (SBS)

Session #1 | Option #1

8:30 AM - 10:00 AM

Learn the role of the Mandated Reporter and process of reporting suspected abuse/neglect of a child, including Shaken Baby Syndrome.

Instructor: Kristi Cusa

OCFS: 6, 7, 9

.....

Positive Behavior Guidance

Session #1 | Option #2

8:30 AM - 10:00 AM

Learn the important role caregivers have in building resiliency in the early years and techniques to do so.

Instructor: Kris Kline

Topic Areas: 1, 3, 7

Purposeful Conversations with Young Children

Session #2 | Option #1

10:15 AM - 11:45 AM

Discuss the many ways an educator can promote and enhance language development with young children.

Instructor: Kristi Cusa

OCFS: 1, 3

Supervision: Eyes on Every Child

Session #2 | Option #2

12:30 PM - 1:30 PM

Educators will review NYS OCFS regulations related to supervision to ensure daycare providers are well-equipped to maintain effective supervision of children.

Instructor: Kris Kline

Topic Areas: 1, 2, 3, 4, 5, 7

Mindful Moments: Cultivating Calm & Connection In Your Environment

Session #3 | Option #1

1:00 PM - 2:30 PM

Learn about and create tools and activities to promote a calm and naturing environment.

Instructor: Kris Kline

OCFS: 1, 3, 10

.....

Literacy: Beyond the Book

Session #3 | Option #2

1:00 PM - 2:30 PM

Focus on fun ways to create your own literacy "tools" for your program. Participants will get to make their own.

Instructor: Kristi Cusa

OCFS: 1, 3

Workshops

October

Infant & Toddler Brain Development

Monday, October 28
6:30 PM - 8:30 PM

Take an in depth and comprehensive look at brain development in the earliest years. Participants will discuss how brain development impacts all areas of development and how crucial early relationships are.

Instructor: Katie Mueller

Topic Areas: 1, 3

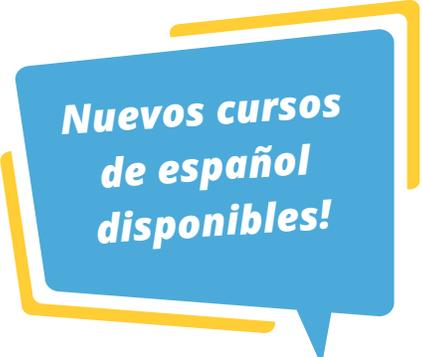
Sensory Science

Tuesday, October 29
6:30 PM - 8:30 PM

Engage in activities that allow children to be inquisitive. Focus on how to plan age-appropriate sensory science activities.

Instructor: Kris Kline

Topic Areas: 1, 3



**Nuevos cursos
de español
disponibles!**

www.childcaresolutionscny.org/civcrm-multiday-event/calendar

November

Infant & Toddler Toymaking

Wednesday, November 6
6:30 PM - 8:30 PM

Discuss developmentally appropriate toys for infants and toddlers, and the simplicity of being able to create your own to implement into early childhood programs.

Instructor: Kris Kline

Topic Areas: 1, 3, 4

The Art of Storytelling

Thursday, November 7
6:30 PM - 8:30 PM

Focus on how to make a story come alive to engage and inspire children to develop their own stories. Participants will make story-telling props to take back to use in their programs.

Instructor: Kristi Cusa

Topic Areas: 1, 3

Positive Behavior Guidance

Tuesday, November 12
6:30 PM - 8:30 PM

Gain strategies for reducing the likelihood and managing challenging behaviors.

Instructor: Kris Kline

Topic Areas: 1, 3, 7

Confidentiality in Early Childhood Education

Tuesday, November 12
6:30 PM - 8:30 PM

Take a closer look at what confidentiality is and what can compromise it in early childhood settings.

Instructor: Kristi Cusa

Topic Areas: 3, 4

From Little Seeds to Big Trees: Understanding Trauma's Lifelong Impact

Monday, November 18
6:30 PM - 8:30 PM

Gain a deeper understanding of Adverse Childhood Experiences (ACEs).

Instructor: Kris Kline

Topic Areas: 1, 3, 4, 10

Outdoor Winter Activities

Tuesday, November 19
6:30 PM - 8:30 PM

Identify a variety of fun strategies to engage children while playing outside in the winter. Participants will also examine safety procedures for outdoor winter play.

Instructor: Kristi Cusa

Topic Areas: 1, 2, 3, 4

Cost: Member: \$20.00 | Non-Member: \$30.00

December

Distance Learning (ZOOM)

What is DAP?

Tuesday, December 3
6:30 PM - 8:30 PM

Examine NAEYC information on DAP (Developmentally Appropriate Practice) to relate meaningful planning to appropriate activities to meet the needs of the child.

Instructor: Kristi Cusa

Topic Areas: 1, 3

STEM Education Starts Early

Thursday, December 12
6:30 PM - 8:30 PM

Focus on fun ways to include science, technology, and math in our daily activities with young children.

Instructor: Kristi Cusa

Topic Areas: 1, 3, 4, 5

Child Abuse & Maltreatment: Making the Call

Tuesday, December 17
6:30 PM - 8:30 PM

Recognize the signs of abuse and maltreatment, proper documentation, and the procedures of making a report to the Child Abuse and Maltreatment Hotline.

Instructor: Kris Kline

Topic Areas: 5, 6, 7, 8, 9

Infant & Toddler Feeding Practices & Nutrition Needs

Wednesday, October 23
12:30 PM - 1:30 PM

Take a look at best practices for infant and toddler feeding, nutrition, and the progression from milk to solids for picky eaters.

Instructor: Katie Mueller

Topic Areas: 1, 2, 3

Building Resiliency in Infancy & Toddlerhood

Monday, November 4
6:00 PM - 7:00 PM

Learn the important role caregivers have in building resiliency in the early years and techniques to do so.

Instructor: Katie Mueller

Topic Areas: 1, 3

Self Help Skills for Toddlers

Wednesday, November 13
12:30 PM - 1:30 PM

Break down why self help skills facilitate healthy development and brain connections in toddlers for their independence.

Instructor: Katie Mueller

Topic Areas: 1, 2, 3, 4

Biting

Wednesday, November 20
12:30 PM - 1:30 PM

Develop strategies for working with children that bite.

Instructor: Katie Mueller

Topic Areas: 1, 2, 4

Culturally Sensitive Care in the Classroom

Monday, December 2
12:30 PM - 1:30 PM

Break down what cultural sensitivity is, how we can support and promote it in our environments, and how to weave it into our relationships with children.

Instructor: Katie Mueller

Topic Areas: 1, 3

What Can We Do About ACES?

Monday, December 9
12:30 PM - 1:30 PM

Take a look at what ACES (Adverse Childhood Experiences) are and how they can impact more than just behavior.

Instructor: Katie Mueller

Topic Areas: 3, 10

Business Trainings

October

Reducing Risks - Legal Insurance Considerations for Your In-Home Child Care

Wednesday, October 2
6:30 PM - 8:30 PM

Wednesday, October 23
6:30 PM - 8:30 PM
(Held in Auburn)

Learn how to reduce risks family child care providers are exposed to. Participants will review how to handle custody disputes, confidentiality issues, and the different types of insurances to protect yourself and your program. Instructor: Kathleen Gardiner
Topic Areas: 3, 5, 7

How to Manage Your In-Home Child Care Business Records

Wednesday, October 30
6:30 PM - 8:30 PM

Learn how to organize your business records. Participants will learn which records they need to keep, how long to keep them for, etc. Instructor: Kathleen Gardiner
Topic Areas: 3, 5, 7

November

How to Manage Your In-Home Child Care Business Records

Wednesday, November 6
6:30 PM - 8:30 PM
(Held in Auburn)

Participants will learn which records they need to keep, how long to keep them for, etc. Instructor: Kathleen Gardiner
Topic Areas: 3, 5, 7

Basic Budgeting for In-Home Child Care Programs

Wednesday, November 13
6:30 PM - 8:30 PM

Learn how to create a budget. Instructor: Kathleen Gardiner
Topic Areas: 3, 5, 7

Strengthening Business Practices: Marketing Your Child Care Program

Saturday, November 23
9:00 AM - 11:30 AM
(Held in Auburn)

Learn the value of marketing and building your brand. Instructor: Kathleen Gardiner
Topic Areas: 3, 5, 7

December

Strengthening Business Practices: Marketing Your Child Care Program

Saturday, December 7
9:00 AM - 11:30 AM

Learn the value of marketing and building your brand. Instructor: Kathleen Gardiner
Topic Areas: 3, 5, 7

Get Ready for 2025 Calendar Keeper Style

Wednesday, December 11
6:30 PM - 8:30 PM
(Held in Auburn)

Wednesday, December 18
6:30 PM - 8:30 PM

The Calendar Keeper is the most trusted resource for family child care professionals. This comprehensive record-keeping system makes tax time easier with all your business-related records organized in one convenient place. Participants will receive their own 2025 Calendar Keeper (included in special pricing listed directly below). Instructor: Kathleen Gardiner
Topic Areas: 3, 5, 7

Cost: Member: \$20.00 | Non-Member: \$30.00
Saturday's Cost: Member: \$25.00 | Non-Member: \$37.50

Member: \$50.00
Non-Member: \$60.00

MAT Training (Medication Administration Training)

This certification is required for providers wishing to become approved to administer over-the-counter and prescription medications to children in their program. **Cost: \$150.00**

| | |
|--|---|
| Instructor: Marybeth Anderson, RN 8 Credit Hours | |
| Thursday, October 3 5:00 PM - 9:00 PM | Saturday, November 9 9:00 AM - 1:00 PM |

To Register: Contact Marybeth Anderson at marybethanderson@proton.me or (315) 941-3046.

Adult and Pediatric CPR/First Aid

Participants who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR (valid for two years).

Cost: Member \$115.00 | Non-Member \$125.00

| | | |
|--|--|---|
| Instructor: Casey Miner 7 Credit Hours | | |
| Saturday, October 5 8:30 AM - 3:30 PM | Saturday, November 16 8:30 AM - 3:30 PM | Saturday, December 7 8:30 AM - 3:30 PM |

To Register: Visit www.childcaresolutionscny.org/civicrm-multiday-event/calendar.

Health & Safety Training for New or Group Family

Successful completion of this course is required for all new or group family day care providers in New York, prior to licensure or registration. **Cost: \$250.00**

***Note: Must attend all 3 dates for each series.** | 15 Credit Hours

| | | |
|--|---|---|
| Instructor: Kris Kline | | Instructor: Gale Gzik |
| October 7, 9, 11 Oct. 7, 9: 9:00 AM - 4:00 PM Oct. 11: 9:00 AM - 2:00 PM | December 2, 4, 6 Dec. 2, 4: 9:00 AM - 4:00 PM Dec. 6: 9:00 AM - 2:00 PM | November 9, 13, 16 Nov. 9, 16: 8:00 AM - 4:00 PM Nov. 13: 5:30 PM - 9:00 PM |

To Register: Visit www.childcaresolutionscny.org/civicrm-multiday-event/calendar.

Food Program

For Children & Adults



Want to boost nutrition and funding for your childcare meals? Child & Adult Care Food Program (CACFP) is a federally funded program designed to improve the nutritional quality of meals served to children in childcare centers and childcare homes.

On CACFP you must keep daily records including your child attendance, your menus, and your meal counts. The amount of reimbursement you receive is based on the location of your home, your income, or the income of the parents you serve. Your own children may be eligible to participate if you meet the income guideline. All information is kept confidential.

To participate in CACFP or to receive more information, please contact Ashley Lenhart CMP, CCNP at (315) 446-1220 x353 or ashleyl@childcaresolutionscny.org.

Infant Toddler Mental Health

We can help...

Our ITMHC team is available and eager to work with you in person, online using Zoom, over the phone, or through email!

The Infant & Toddler Program Consultation is a state-wide model of quality infant and toddler mental health consultation that strives to improve children's social and emotional functioning, reduce challenging behaviors, and address the prevalence of suspensions and expulsions of children of color.

What makes this project unique is an intentional focus on caregivers who are caring for children up to 36 months of age. This is not therapy or a direct service to the child, but rather a partnership with adult caregivers to support the mental health and development of the children they serve.

Please contact Emily Carlson at (315) 446-1220 x334 for more information or scan the QR code for our self-referral and we will contact you.



Registration Form

Name: _____

Name of Program: _____

Address: _____

State: _____ Zip: _____

Email: _____ Phone: _____

Member Price: \$20.00 & Non-Member Price: \$30.00 (Unless Otherwise Noted)

All workshops are held at our Syracuse office located at 6724 Thompson Road, unless otherwise noted. Mail form & payment (check or cash) to **6724 Thompson Road, Syracuse, NY 13021**, scan the **QR Code**, or visit our training center to register: www.childcaresolutionscny.org/civcrm-multiday-event/calendar.



| Date | Time | Workshop Title | Cost |
|------|------|----------------|------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | Total | \$ |

Please contact our Syracuse office at (315) 446-1220 with any questions or concerns. Please visit childcaresolutionscny.org/policies-procedures for further policies and procedures.



OCFS Requirements

All child care staff, employees, caregivers, and volunteers with regular and substantial contact with children are required to complete a total of 30 hours of training every two years covering the 10 categories listed on the welcome page (Key Topic Areas).



Non-Profit Org.
U.S. Postage
PAID
Syracuse, NY
Permit No. 1027

Current Resident:

Call: (315) 446-1220

Email: ccs@childcaresolutionscny.org

Website: www.childcaresolutionscny.org

Hours of Operation:

Syracuse: Mon. - Fri. | 8:30 AM - 4:30 PM

Auburn: Tues. - Fri. | 8:30 AM - 4:00 PM

