



Fall 2022

October - December

The Navigator

leading you to high quality child care provider training



*See Our Specialized
Courses and
Free Trainings!*





CHILD CARE SOLUTIONS

navigating the way to high quality child care

October - December 2022



The Navigator

leading you to high quality child care provider training

Workshop Information:

For in-person training workshops, all participants have the option of wearing a mask. We ask that anyone who tested positive for COVID in the past 2 weeks, has been in contact with anyone who tested positive for COVID in the past two weeks, or has COVID symptoms, please refrain from attending trainings. Click the link below for more information.

Please visit the OCFS website to CDC information on masking, vaccinations, and other information at: <https://www.ocfs.ny.gov/main/news/2021/COVID19-Vaccine-Facts-CDC.pdf>

Registering For & Attending Online Workshops:

1. You'll need a working email address and a device that runs Zoom.

Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.

2. Visit <https://bit.ly/CCSCNYcalendar> to register for workshops on our website by Visa, MasterCard or Discover. You can call us or e-mail Pam B. to register for workshops using CSEA funding.

(To use CSEA funding see below in green.)

3. A few days before your workshop you'll receive an email with the link you'll need to access the class. *Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.*

4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this 15 minutes prior to the start of your class; the class instructor will be available to help during this time to ensure everyone can access the workshop.

5. We will mail training certificates to all attendees upon completion of the workshop.

****Online registration is not available for those using the CSEA/Voice Professional Development Program to cover workshop fees. You may register over the phone by calling (315) 446-1220 ext. 302 or send an email to pamb@childcaresolutionscny.org.**

IMPORTANT:

1. All trainings are 2 hours (unless otherwise noted)
2. All trainings are \$30 for non-members and \$20 for members (unless otherwise noted)
3. ALL In-Person trainings are held at 6724 Thompson Rd, Syracuse, NY 13211 (unless otherwise noted)
4. ALL Auburn In-Person trainings are held at 100 North St, Auburn NY 13021 at Playspace

Key to OCFS Topic Areas

- 1 Principles of childhood development**
- 2 Nutrition and health needs of infants and children**
- 3 Child day care program development**
- 4 Safety and security procedures**
- 5 Business record maintenance and management**
- 6 Child abuse and maltreatment identification and prevention**
- 7 Statutes and regulations pertaining to child day care**
- 8 Statutes and regulations pertaining to child abuse and maltreatment**
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome**
- 10 Adverse childhood experiences, focused on understanding trauma and on nurturing resiliency
(For SACC programs this is category 9)**



Program Directors/Supervisors:

Did you know that similar to our in-person on-site trainings, if you have staff who need training in a specific topic area, **you can schedule a private Zoom workshop for your program?**

If you have any questions about our online workshops or would like to schedule one for your staff, please contact Kristi Cusa at kristic@childcaresolutionscny.org.

Locations:

6724 Thompson Road, Syracuse, NY 13211
100 North Street, Auburn NY 13021

Hours of Operation:

Syracuse Office: Mon-Fri 8:30am - 4:30pm
Auburn Office: Tues-Fri 8:30am-4:00pm

October Workshops

Renewal Ready

Thursday, October 13, 2022

6:30 PM - 8:30PM

Participants will discuss OCFS regulations, paperwork, and best practices for storing papers to adhere by OCFS regulations and to help inspections run smoothly.

Instructor: Liza Hernandez

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Looking for a pumpkin sensory idea?

Roll a pumpkin on the ground or use it as a drum, patting it with hands!

The bright orange color is enticing!

Loose Play with Infants and Toddlers

Friday, October 21, 2022

6:30 PM - 8:30PM

This training will promote exploration of loose parts that are safe to use specifically with infants and toddlers in mind.

Instructor: Liza Hernandez

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Happy World Teacher's Day on Wednesday, October 5th!
Teachers, we celebrate you!



Did you know that October is National Cookie Month? The most popular cookie in the United States is the Chocolate Chip cookie!

Developmentally Appropriate Discipline and the Regulations

Wednesday, October 26, 2022

6:30 PM - 8:30PM

This training has been designed to help participants understand the NYS OCFS Regulations regarding discipline. During this training, participants will have the opportunity to dissect and discuss the regulatory requirements for behavior management, how to use discipline in a developmentally appropriate manner in child care programs, as well as the difference between the use of physical intervention and physical restraint.

Instructor: Kristy Sherman

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November Workshops

November is National Child Safety and Protection Month!



I'm Having a Bad Day

Tuesday, November 22, 2022

6:30 PM - 8:30PM

What can we do when children are having an off day? Participants will discuss strategies to encourage positive social and emotional development in children.

Instructor: Liza Hernandez

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New
CDA
Session!

Starting January 2023 *Hybrid*

*Register with a \$50 registration fee! Apply for EIP in December, date TBA!
All trainings are 6:00pm-9:00pm unless it is a Saturday which is 8:30am-2:30pm*

Register on our website or by calling us! Hurry, spots are limited!

Dates: 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21, 3/28 (virtual)

4/4, 4/6, 4/11, 4/13, 4/18, 4/20, 4/25, 4/27, 5/2, 5/4, 5/9, 5/11, 5/16, 5/18, 5/23, 5/25, 5/30, 6/1 (in person)

Fee \$1500

This training is a nationally recognized credential in the early childhood education field and is a stepping stone on the path of career advancement for family child care providers, center-based, or school setting staff. Earning your CDA is a mark of professionalism that is widely respected. It gives assurance to parents and administrators that they have hired a qualified individual to care for their children. The Child Care Solutions CDA Program is a unique combination of training and mentoring. This dual approach supports the CDA candidate while focusing on quality improvement within their program.

Implementing Emergency Evacuations with Infants and Toddlers in Group and Family Day Care Programs

Tuesday, November 29, 2022

6:30 PM - 8:30PM

Emergency evacuation drills conducted every month are required by regulation and are good practice, but have you ever considered the youngest among the group? Preparing for an emergency evacuation with infants and toddlers entails a lot more than packing snacks, a first aid kit, and attendance records. This training will allow you to reflect on your policies and procedures as we dig in and review necessary steps of an emergency evacuation with infants and toddlers.

Instructor: Kristy Sherman

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What's In Your Handbook?

Wednesday, November 30, 2022

6:30 PM - 8:30PM

Review what policies and procedures should be shared with new parents and employees.

Instructor: Liza Hernandez

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December Workshops

What Is Temperament?

Thursday, December 8, 2022

6:30 PM - 8:30PM

This training will look at what temperament is, as well as how to effectively address each individual child based on their temperament tendency and needs.

Instructor: Liza Hernandez

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The Basics of Behavior

Tuesday, December 13, 2022

6:30 PM - 8:30PM

In this training, participants will review the NYS OCFS Regulations pertaining to behavior management and what we can do to help reduce the likelihood of challenging behaviors occurring.

Instructor: Kristy Sherman

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Contact us today about setting up a specialized training for your program!

The Role of Mandated Reported

Tuesday, December 15, 2022

6:30 PM - 8:30PM

Visit the role of the MR and how its OCFS description pertains to interacting with children and families. Learn to look for indicators of CAM and how to offer resources to families.

Instructor: Liza Hernandez

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Our Favorite Snowflake Crafts

Paper snowflakes are popular, but try these other snowflake crafts!

*Paper plate snowflakes
with paint*

*Popsicle stick snowflakes
Coffee filter snowflakes
Marshmallow snowflakes
and*

*Pointillism snowflakes
(great for fine motor skills)*



Special Workshops

Learn the ins and outs of successful early childhood business planning with our Core Business Series.

Core Business Series: Business and Financial Structure

Wednesday, October 12, 2022

6:30 PM - 8:30 PM

This training will focus on the components of a child care business. Assessment of different business structure options and explain the “iron triangle” of finance.

Instructor: Kristi Cusa

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Core Business Series: Ongoing Financial Management

Friday, October 21, 2022

6:30 PM - 8:30 PM

This training will discuss sound financial planning and management skills to sustain program operations, including basic accounting terms, identifying common revenues for child care programs and implementing a system for financial record-keeping procedures.

Instructor: Kristi Cusa

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Core Business Series: Staff Recruitment, Management, and Retention

Thursday, October 27, 2022

6:30 PM - 8:30 PM

This training will discuss ways to minimize staff turnover and build staff retention including interviewing and hiring, developing an orientation process and creating professional development plans tailored to individual staff needs.

Instructor: Kristi Cusa

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“ Focus on finances, policies, and marketing your program to families and potential employees. ”

Core Business Series: Facilities and Liability

Monday, December 5, 2022

6:30 PM - 8:30 PM

This training will discuss the liabilities involved in child care business - the three risks of operating a child care business and how to minimize those risks, staying in compliance with regulations, and creating a Risk Management Plan.

Instructor: Kristi Cusa

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Core Business Series: Marketing

Thursday, November 10, 2022

6:30 PM - 8:30 PM

This training will introduce the foundation of an effective marketing plan. We will discuss the seven P's of Marketing and how to develop marketing position/value proposition statements.

Instructor: Kristi Cusa

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Core Business Series: Program, Contracts, and Policies

Wednesday, December 7, 2022

6:30 PM - 8:30 PM

This training will focus on the importance of having contracts and policies in child care businesses. Participants will discuss the basic elements in a contract, identify the process for developing and revising policies, and evaluate current program policies.

Instructor: Kristi Cusa

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Medication Administration Training (MAT): This skills based certification course is required of providers wishing to become approved to administer over-the-counter and prescription medications to children in their programs. We offer two different options to earn MAT certification; Independent Study and Classroom Based. Both options result in the same certification, and required attendance at both sessions to earn certificate.

Both course options cover the following topics:

- An overview of medication effects
 - Preparation and administration techniques
 - Ways to give both over-the-counter & prescription medication
 - Permission, paperwork, and instruction requirements
 - Emergency care & special situations
 - The handling, storage and safe disposal of medication

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MAT: Independent Study

This option allows you to complete the majority of the training at home or work at a time convenient for you. You must first complete the independent study portion of the course on your own, and then attend one classroom review and testing sessions to complete the course. A working email address is required. You must first complete the independent study portion of the course on your own (which is about 3-4 hours on your own to watch videos and complete exercises) and then attend one classroom review session to complete the course. The mandatory classroom sessions are held on the following dates/times:

**Saturday, October 15, 2022 8:30AM - 1:30PM (AUBURN OFFICE)
Saturday, November 12, 2022 8:30AM - 1:30PM**

or

The following split date sessions at **5:00PM - 7:30PM**:

Monday, October 3, 2022 and Wednesday, October 5, 2022
Monday, December 12, 2022 and Wednesday, December 14, 2022

To sign up for this course you must register with PDP first here: <http://www.ecctp.pdp.edu/>

Instructor: Stacey Percy

Independent Study Fee: \$85

Full Day Fee: \$125 (non-refundable)

8 Credit Hours

*Please look for our Full Day **and** Independent Study MATs in our 2023 Navigator...*



Registration Form



Name: _____

Name of Program:

Address:

Zip:

Type of Program:

***Email:**

Phone:

Facility ID:

Rate: \$ _____

Not sure? Give us a call!
(21E) 446-1220

(315) 446-1220

Yes **No**

Renew my membership

Sign me up!

Rate: \$ _____

All workshops are held at our Syracuse Office located at 6724 Thompson Road unless otherwise noted.

Auburn office address: 100 North Street, Suite 3, Auburn NY 13021

Member Price= \$20 or Non-member Price= \$30 Unless Otherwise Noted.

Mail this form with payment (check or money order), or go to our Training Calendar to register with a charge card. Read our policies and procedures, <https://bit.ly/policiesCCS>

Office Use Only:

Date Rec'd:

CK, MO, EIP, CSEA or cash receipt #:

Total Paid:

of Classes:

How to Register With PDP



How to Register with PDP



- 1.** Go to <https://www.ecetp.pdp.albany.edu> and sign up for an account. You'll need an email address, your Facility ID # and expiration date to create a username and password.
- 2.** Once your account is created, go to <https://www.ecetp.pdp.albany.edu/findtraining.aspx> and search for either MAT or Health & Safety. Then choose your preferred date and click "Apply for this Training."
- 3.** After signing up with PDP, follow this link to make your payment: <https://bit.ly/3wgjS60>

Certification Courses

The following certification courses are held at our Syracuse Office located at 6724 Thompson Road.

Instructors Contact Information:

Kristi Cusa

315-446-1220 x309

kristic@childcaresolutionscny.org

Kristy Sherman

315-446-1220 x326

kristys@childcaresolutionscny.org

Liza Hernandez

315-446-1220 x336

lizah@childcaresolutionscny.org

Stacey Percy

315-446-1220 x350

staceyp@childcaresolutionscny.org

Rachel Criss

315-446-1220 x352

rachelc@childcaresolutionscny.org

Health & Safety Training: This competency-based course provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new family or group family day care directors in New York State prior to licensure or registration, as well as for existing family or group family day care providers who change location or modality.

You must attend all sessions to earn your certificate. To sign up for this course you must register with PDP first. Please follow the directions listed at the top of this page that say "How to Register with PDP."

*Saturday trainings are 8:00-4:00 pm;
weeknight training is 5:30-9:00 pm*

**Saturday, December 3rd (8:00am - 4:00pm)
Wednesday, December 7th (5:30pm - 9:00pm)
&
Saturday, December 10th (8:00am - 4:00pm)**

*Instructor: Gail Gzik
Fee: \$250 Member/ Non-Member
15 Credit Hours*

Adult & Pediatric CPR/First Aid

Adult & Pediatric CPR/First Aid: This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat/cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR/AED valid for two years.

There are two types of sessions: Split session and a full day.

If you choose a split session, you must attend both days.

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Full Day (8:30 AM - 3:30 PM)

Saturday, October 22, 2022

or

Saturday, November 5, 2022

or

Saturday, December 3, 2022

Instructor: Casey Miner
Fee: \$90 Member / \$100 Non-Member
(Non-refundable) 7 Credit Hours

FREE Workshops

Arrivals and Departures In An

Infant Room

Tuesday, October 11, 2022

6:30 PM - 8:30PM

One of the most important times in an infant room occurs during arrivals and departures times of during the day. During these times it is important to look at not only the required OCFS Regulations, but the connections with children, parents, and caregivers, as well as the health and safety of children.

Instructor: Rachel Criss

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Meet our new Infant-Toddler Specialist, Rachel Criss!

Don't Box Me In: Creative Ways to Use Cardboard Boxes

Thursday, November 3, 2022

6:30 PM - 8:30PM

Kids love playing with cardboard boxes, sometimes more than the fancy toys that come in the box. In this session, participants will learn about the educational opportunities when they bring cardboard boxes into the classroom. Ideas will be presented on ways that cardboard boxes can be used in the classroom as well as the value of letting children use their imagination and creativity to decide how they want to use the materials.

Instructor: Rachel Criss

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Experiencing Outdoor Play

with Infants In The Fall

Tuesday, December 6, 2022

6:30 PM - 8:30PM

Outdoor time is not only required by Regulation, it's extremely important for children's development, including infants. In this training, we will discuss the many experiences infants can safely have during outdoor play in the Fall.

Instructor: Rachel Criss

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