



# CHILD CARE SOLUTIONS

navigating the way to high quality child care

November 2020



## The Navigator

*leading you to high quality child care provider training*

### **Our training workshops are moving online!**

With the health and safety of our community in mind, we have decided to move our training workshops to an online platform so you can continue to have access to the high quality training you need. We will be using Zoom to offer our training workshops and other professional development opportunities.

You can access our workshops through Zoom on your laptop, tablet or mobile phone – learn more about getting started with Zoom on your preferred device here: <https://support.zoom.us/hc/en-us/categories/200101697>. Zoom also offers a number of incredibly helpful how-to videos if you have never used it before, you can find these here: <https://zoom.us/resources>.

Our Professional Development team is also here to make this switch to an online platform easy and accessible to you! Our staff can answer any questions or concerns you might have about using Zoom for our workshops. We are also here to work with you if you are unable to attend our workshops online; please reach out to Kristi Cusa at [kristic@childcaresolutionscny.org](mailto:kristic@childcaresolutionscny.org) or (315) 446-1220 to discuss alternative arrangements.

### **Registering For & Attending Online Workshops:**

**1. You'll need a working email address and device that runs Zoom.**

Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.

2. Visit <https://childcaresolutionscny.org/civcrm-multiday-event/calendar> to register for workshops online\*\*, or call (315) 446-1220 to register over the phone.

3. A few days before your workshop you'll receive an email with the link you'll need to access the class. *Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.*

4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this 15 minutes prior to the start of your class; the class instructor will be available to help during this time to ensure everyone can access the workshop.

5. We will mail training certificates to all attendees upon completion of the workshop.

**\*\*Online registration is not available for those using the CSEA/Voice Professional Development Program to cover workshop fees. You may register over the phone by calling (315) 446-1220 or send an email to [pamb@childcaresolutionscny.org](mailto:pamb@childcaresolutionscny.org). Visit <https://childcaresolutionscny.org/financial-assistance-training> to learn more about this program and other financial assistance options.**

## November Online Workshops:

*Please join Child Care Solutions for our annual*

# Fall Conference

**We're All in This Together:  
Caregiving During a Pandemic**

*Thursday*  
**November**  
**19<sup>th</sup>**

.....  
5:00 PM - 9:00 PM

*Saturday*  
**November**  
**21<sup>st</sup>**

.....  
8:30 AM - 2:30 PM

Our annual fall conference is going virtual this year! We'll be using the Zoom platform to bring you a one-of-a-kind, interactive and educational event you can enjoy from the comfort of your own home. Taking place over two days to accommodate everyone's busy schedules, this year's conference is titled "We're All in This Together: Caregiving During a Pandemic", and will feature training workshops covering everything from building resiliency within ourselves, health & infection control, active play and so much more. You'll earn one hour of training credit for each workshop you attend in full, for a total of 7 hours if you attend all of them! We hope you'll join us for this unique opportunity to connect, collaborate and learn with other child care providers in Central New York!

### Thursday, November 19, 2020

**5:00 PM - 5:15 PM**

Welcome!

**5:30 PM - 6:30 PM**

Building Resiliency

**6:45 PM - 7:45 PM**

Puppet Power!

**8:00 PM - 9:00 PM**

Infection Control

### Saturday, November 21, 2020

**8:30 AM - 9:00 AM**

Welcome!

**9:00 AM - 10:00 AM**

SACC Bullying and Guiding Behavior

**10:15 AM - 11:15 AM**

Infant Toddler Exploration

**11:15 AM - 12:15 PM**

Lunch

**12:15 PM - 1:15 PM**

Active Play: Embedding Physical Activity

Into Your Preschool Day

**1:30 PM - 2:30 PM**

Building Healthy Eaters

*Learn more about this year's  
conference by visiting our website!*

*You can find full workshop  
descriptions, registration details and  
financial aid information here:*

[https://childcaresolutionscny.org/  
annual-fall-conference](https://childcaresolutionscny.org/annual-fall-conference)

**Ready to sign up?  
Register online here:**

<https://bit.ly/ccsfall20>

# November Online Workshops:

## Keeping Infants Safe

Thursday, November 5, 2020

6:30 PM - 8:30 PM

This training will look at the importance of keeping infants safe in child care programs and what safety really looks like. We will address and discuss the OCFS Regulations as they pertain to infant safety.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

2 4 7

## Child Abuse and Maltreatment: Making the Call

Monday, November 9, 2020

1:00 PM - 3:00 PM

This training will use scenarios to allow participants to listen to and practice making a call to the child abuse hotline. We'll discuss and reflect on what indicators of abuse and or neglect are present, what information needs to be gathered prior to making the call, the requirements for making a report, and the role of a mandated reporter.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

5 6 7 8 9

## New! Soaring Separation Anxiety During COVID-19

Monday, November 23, 2020

6:30 PM - 8:30 PM

Due to uncertain times, separation anxiety is at an all time high! Child care providers have been tasked with aiding children and parents through this challenging time. This training will bring light to the signs of separation anxiety, strategies to assist those in your program, and how to recognize appropriate techniques that will ultimately result in positive experiences for both children and their families.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

1 3 4



## Key to OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of infants and children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance & management
- 6 Child abuse and maltreatment identification and prevention
- 7 Statutes and regulations pertaining to child day care
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education & information on the identification, diagnosis and prevention of shaken baby syndrome

## Safety & Supervision

Tuesday, November 24, 2020

6:30 PM - 8:30 PM

During this workshop we'll use the NYS OCFS Regulations to address common safety and supervision situations that arise in the early childhood field.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

2 4 7

## Music & Movement

Monday, November 30, 2020

6:30 PM - 8:30 PM

During this workshop, participants will create opportunities for children to practice skills that develop coordination, balance, movement, and strength. We'll discuss ideas for music and movement in the classroom as well as allowing children to communicate their understanding through movement and drama.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

1 2 3

## Earn Your CDA With Child Care Solutions!

Have you ever considered earning your CDA (Child Development Associate) credential? Now is the time to take the next step to advance your career in early childhood education! Our next CDA session begins on Tuesday, January 5th – this session will initially start out as an online course taught over Zoom and email, but we hope to eventually move to in-person instruction once we can safely do so.

We will be hosting two free CDA information sessions, one on December 9th from 6:30-7:30 PM and December 12th from 10:00-11:00 AM. Hosted by course instructor Lisa Potter, these sessions will give you the opportunity to ask any questions you may have about earning your CDA! Whether you're considering taking this course for the first time, have questions about how to renew your CDA, or a director wondering how best to support your employees earning the certificate, all early childhood educators are invited to join us for these sessions. The link to join the Zoom meetings for the CDA information sessions will be available on our website's training calendar.

You may also email or call us with any questions you might have about the CDA course, please contact Lisa Potter by emailing [lisap@childcaresolutionscny.org](mailto:lisap@childcaresolutionscny.org) or by calling (315) 446-1220 ext. 336.

Learn more about our CDA course and download the registration/information packet by visiting our website:

<https://childcaresolutionscny.org/earn-your-cda>

Next session begins January 5<sup>th</sup>!

## CDA Course - January 2021 Class Dates

January: 5, 12, 19, 26

February: 2, 9, 16, 23

March: 2, 9, 16, 23, 30

April: 6, 8, 13, 15, 20, 22, 27, 29

May: 4, 6, 11, 13, 18, 20, 25, 27