



The Navigator

leading you to high quality child care provider training

In-Person Workshops Are Back!

We're excited to announce that in addition to our distance learning workshops, we'll be offering a few in-person training workshops again! These workshops will be extremely limited, with only 6 seats in each one, and take place at our Syracuse office, where we have plenty of space to socially distance. Workshop participants will be required to follow our COVID-19 screening policy, which you can read in full here: <https://bit.ly/ccscovidpolicy>

We do want you to be aware that depending on the COVID-19 restrictions in our area, workshops scheduled to be in-person at our Syracuse office may be changed to an online workshop via Zoom. If this happens, participants will be notified as soon as possible to let them know about the change.

We are also still offering many of our training workshops online through Zoom for those who prefer the distance learning workshops. If you have any questions at all about in-person workshops or accessing our online trainings, please give us a call at (315) 446-1220.

Registering For & Attending Online Workshops:

1. You'll need a working email address and device that runs Zoom.

Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.

2. Visit <https://childcaresolutionscny.org/civicrm-multiday-event/calendar> to register for workshops online**, or call (315) 446-1220 to register over the phone.

3. A few days before your workshop you'll receive an email with the link you'll need to access the class. *Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.*

4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this 15 minutes prior to the start of your class; the class instructor will be available to help during this time to ensure everyone can access the workshop.

5. We will mail training certificates to all attendees upon completion of the workshop.

****Online registration is not available for those using the CSEA/Voice Professional Development Program to cover workshop fees. You may register over the phone by calling (315) 446-1220 or send an email to pamb@childcaresolutionscny.org.**

Visit <https://childcaresolutionscny.org/financial-assistance-training> to learn more about this program and other financial assistance options.

March In-Person Workshops

All in-person workshops will be held at our Syracuse Office located at 6724 Thompson Road.

Challenges and Successes in Toilet Training

Thursday, March 4, 2021

6:30 PM - 8:30 PM

This workshop focuses on the many aspects of toilet training including readiness, regression, parent/caregiver communication, proper clothing and equipment, and policies and procedures.

Instructor: Kristi Cusa

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Exploring Feelings with Young Children

Monday, March 29, 2021

6:30 PM - 8:30 PM

Let's explore three important feelings for young children - happy, sad, and mad, and look at strategies and materials that can be used to help children understand and regulate emotions and give them skills they can use for a lifetime.

Instructor: Kristi Cusa

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! What Can We Do About Adverse Childhood Experiences?

Wednesday, March 31, 2021

6:30 PM - 8:30 PM

This training will give childcare providers a better understanding of Adverse Childhood Experiences (ACEs) and strategies that can be used in our programs to reduce ACEs.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Note: For in-person training workshops, all participants must wear a mask and be free of COVID symptoms/not have contact with anyone who tested positive for COVID in the past 2 weeks. No travel outside of the state in the past two weeks. Please visit our website for our full COVID-19 policy: <https://bit.ly/ccscovidpolicy>

March Distance Learning Workshops

Developmentally Appropriate Discipline and the Regulations

Monday, March 1, 2021

6:30 PM - 8:30 PM

We have designed this workshop to help participants understand the NYS OCFS Regulations regarding discipline. During this training participants will have the opportunity to dissect and discuss the regulatory requirements for behavior management, how to use discipline in a developmentally appropriate manner in child care programs, as well as the difference between the use of physical intervention and physical restraint.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Positive Behavior Guidance for SACC

Friday, March 5, 2021

1:00 PM - 3:00 PM

Participants in this workshop will gain positive strategies for reducing the likelihood of challenging behaviors in their school age programs such as creating a nurturing relationship with children and providing a predictable routine. We will also discuss strategies to manage challenging behaviors once they have occurred, as well as reviewing the OCFS Regulations section on behavior management.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Experiencing Outdoor Play with Infants in Springtime

Saturday, March 13, 2021

1:00 PM - 3:00 PM

Outdoor time is not only required by regulation, it is extremely important for children's development including infants. In this training, we will discuss the many experiences infants can safely have during outdoor play in the Springtime.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Fragile Babies, Gentle Touch

Wednesday, March 3, 2021

6:30 PM - 8:30 PM

This training will discuss the physical development of infants and how critical it is to handle them correctly. Participants will learn techniques for keeping babies safe from physical harm during their daycare day, and relate the handling of infants to child abuse and shaken baby syndrome.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! What Can We Do About Adverse Childhood Experiences?

Thursday, March 11, 2021

6:30 PM - 8:30 PM

This training will give childcare providers a better understanding of Adverse Childhood Experiences (ACEs) and strategies that can be used in our programs to reduce ACEs.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Key to OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of infants and children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Child abuse and maltreatment identification and prevention
- 7 Statutes and regulations pertaining to child day care
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome
- 10 Adverse childhood experiences, focused on understanding trauma and on nurturing resiliency

March Distance Learning Workshops

Program Directors/Supervisors: Did you know that similar to our on-site trainings, if you have staff who need training in a specific topic area, **you can schedule a private Zoom workshop for your program?** If you have any questions about our online workshops or would like to schedule one for your staff, please contact Kristi Cusa at kristic@childcaresolutionscny.org.

Meeting the Needs of Breastfeeding Mothers in Your Child Care Program

Monday, March 15, 2021

6:30 PM - 8:30 PM

During this workshop we will discuss how child care providers can meet the needs of breastfeeding mothers in their programs. We will look at the NYS OCFS Regulations, environment, policies, communication with families and children, as well as the many resources that there are for breastfeeding mothers.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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CAM: Making the Call

Tuesday, March 16, 2021

6:30 PM - 8:30 PM

This training will use scenarios to allow participants to listen to and practice making a call to the child abuse hotline. Participants will reflect on what indicators of abuse and or neglect are present, what information needs to be gathered prior to making the call, the requirements for making a report, and the role of the mandated reporter.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Addressing Biting in Your Childcare Program

Thursday, March 18, 2021

6:30 PM - 8:30 PM

Join us as we discuss the different elements of biting in childcare programs as well as strategies for children who bite and how to appropriately work with families when these situations arise.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Creating a Print Rich Environment

Friday, March 19, 2021

1:00 PM - 3:00 PM

Explore the components of a DAP (developmentally appropriate practice) print-rich environment. We will look at the many different ways you can introduce "print" to children in the learning environment.

Instructor: Kristi Cusa

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Early Experiences with Language

Wednesday, March 24, 2021

6:30 PM - 8:30 PM

The first three years of life are monumental for many things, and language is one of them. It is important for our infants and toddlers that we care for to have many experiences with language. In this training we will look at ways to implement early language experiences in our child care programs in a developmentally appropriate way.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

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Dissecting a Temper Tantrum

Thursday, March 25, 2021

6:30 PM - 8:30 PM

This training focuses on the unique world of infants and toddlers and the challenges of responding to tantrums. We will discuss behaviors associated with tantrums, how we feel about tantrums, factors that influence them, and effective responses to tantrums that support the child.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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What Role Do You Play in Children's Play?

Tuesday, March 30, 2021

6:30 PM - 8:30 PM

We will explore the important role you play in facilitating quality play opportunities for children in your program. Participants will explore how factors such as their learning environment, materials, and their beliefs on their role in children's play impact the quality of the experiences that are offered to children each day.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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SAVE THE DATE!

Saturday, April 10th
and
Saturday, May 1st

Mark your calendars! Our spring training conference will take virtually over two Saturdays - April 10th & May 1st. Details to come!