



# CHILD CARE SOLUTIONS

July 2020



# The Navigator

*leading you to high quality child care provider training*

## **Our training workshops are moving online!**

With the health and safety of both you and our Professional Development team in mind, we have decided to move our training workshops to an online platform so you can continue to have access to the high quality training you need. We will be using Zoom to offer several different online workshops over the coming weeks.

You can access our workshops through Zoom on your laptop, tablet or mobile phone – learn more about getting started with Zoom on your preferred device here: <https://support.zoom.us/hc/en-us/categories/200101697>. Zoom also offers a number of incredibly helpful how-to videos if you have never used it before, you can find these here: <https://zoom.us/resources>.

Our Professional Development team is also here to make this switch to an online platform easy and accessible to you! Our staff can answer any questions or concerns you might have about using Zoom for our workshops. We are also here to work with you if you are unable to attend our workshops online; please reach out to Kristi Cusa at [kristic@childcaresolutionscny.org](mailto:kristic@childcaresolutionscny.org) or (315) 446-1220 to discuss alternative arrangements.

### **Registering For & Attending Online Workshops:**

**1. You'll need a working email address** and device that runs Zoom.

Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.

**2. Visit <https://childcaresolutionscny.org/civcrm-multiday-event/calendar>** to register for workshops online\*\*, or call (315) 446-1220 to register over the phone.

**3. A few days before your workshop you'll receive an email with the link you'll need to access the class. *Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.***

**4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this 15 minutes prior to the start of your class; the class instructor will be available to help during this time to ensure everyone can access the workshop.**

**5. We will mail training certificates to all attendees upon completion of the workshop.**

**\*\*Online registration is *not available* for those using the CSEA/Voice Professional Development Program to cover workshop fees.** You may register over the phone by calling (315) 446-1220 or send an email to [pamb@childcaresolutionscny.org](mailto:pamb@childcaresolutionscny.org). Visit <https://childcaresolutionscny.org/financial-assistance-training> to learn more about this program and other financial assistance options.

**Call:**(315) 446-1220

**E-mail:** [ccs@childcaresolutionscny.org](mailto:ccs@childcaresolutionscny.org)

**Visit:** [www.childcaresolutionscny.org](http://www.childcaresolutionscny.org)

# July Online Workshops:

## Teaching Community Awareness

Wednesday, July 8, 2020

1:00 PM - 3:00 PM

*New Workshop!* Center and home based programs are a place where children have their first sense of community outside the home. Having a sense of community starts here, but can develop into much more! Community involves the places, people, and activities in our lives as well. This training session is intended to offer participants ideas of how to teach about community and incorporate activities into your program that are developmentally appropriate..

*Instructor: Kristy Sherman*

*Class Fee: \$30 Non-Member / \$20 Member*  
2 Credit Hours

1 3

## Using the Acknowledge, Ask, Adapt with Parents & Caregivers of Infants and Toddlers

Thursday, July 9, 2020

6:30 PM - 8:30 PM

*New Workshop!* The strategy of acknowledge, ask, adapt looks at how early childhood educators can effectively work with parents and caregivers to address any common situations or issues that come up when working with infants and toddlers..

*Instructor: Tessa Bolia*

*Class Fee: \$30 Non-Member / \$20 Member*  
2 Credit Hours

1 3 5

## Appropriate Floor Time for Infants

Monday, July 13, 2020

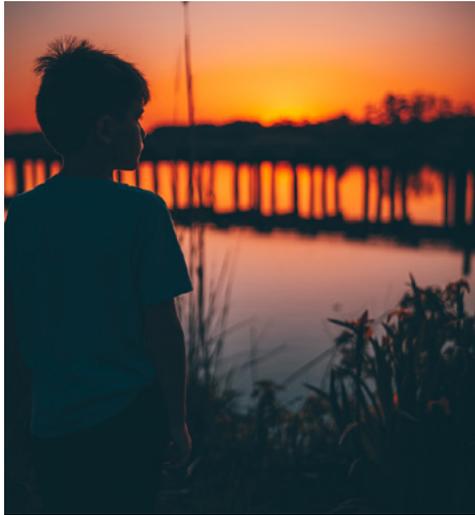
6:30 PM - 8:30 PM

This training will focus on appropriate floor time for infants. Participants will discuss the safety of infants as well as what is engaging and supports their development needs..

*Instructor: Casey Miner*

*Class Fee: \$30 Non-Member / \$20 Member*  
2 Credit Hours

1 2 4 7



## Infant Toddler Exploration

Tuesday, July 14, 2020

1:00 PM - 3:00 PM

This training will focus on the importance of allowing infants and toddlers to explore their world using their whole bodies. The importance of tummy time and allowing for free exploration of age-appropriate materials will be addressed. Participants will be able to create a classroom "tool" they can make that will address cause and effect learning for young children.

*Instructor: Tessa Bolia*

*Class Fee: \$30 Non-Member / \$20 Member*  
2 Credit Hours

1 3

## Scribbles to Sentences

Wednesday, July 15, 2020

1:00 PM - 3:00 PM

*New Workshop!* This training visits the sequence of stages of development children go through as they build skills for writing. Learn which materials support writing skill development and how to design a developmentally appropriate writing area in your learning environment.

*Instructor: Kristi Cusa*

*Class Fee: \$30 Non-Member / \$20 Member*  
2 Credit Hours

1 3



## Fragile Babies Gentle Touch

Thursday, July 16, 2020

6:30 PM - 8:30 PM

Discusses the physical development of infants, and how critical it is to handle them correctly. Learn techniques for keeping babies safe during everyday care and how handling infants relates to child abuse and Shaken Baby Syndrome.

*Instructor: Kristi Cusa*

*Class Fee: \$30 Non-Member / \$20 Member*  
2 Credit Hours

1 2 6 9

## Infant Toddler Specialists

Our Infant Toddler Specialists are still available via phone or email to offer technical assistance and one-on-one support to child care providers, community members and parents involved with infants and toddlers.

### Our I/T Specialists can help with....

- Strategies to address and work with children with challenging behaviors (such as biting, pushing, hitting, toileting, etc.)
- Ideas and assistance for room arrangements, activities, materials, etc.
- Can provide training or consulting specific to infants and toddlers
- And so much more!!

**For more information or to speak with one of our I/T Specialists, please give us a call at (315) 446-1220.**

### Key to OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of infants and children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Statutes and regulations pertaining to child day care
- 7 Child abuse and maltreatment identification and prevention
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome

## Hula Hoop Fun

Friday, July 17, 2020

1:00 PM - 3:00 PM

*New Workshop!* Come discover how much fun a hula hoop can be, inside and outside of the classroom, to support the development of young brains and bodies! This workshop will provide hours of ideas to help keep learning and fitness going strong through the seasons.

*Instructor: Lisa Potter*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

1 2 3

## Developmentally Appropriate Discipline and the Regulations

Monday, July 20, 2020

6:30 PM - 8:30 PM

This training has been designed to help participants understand the NYS OCFS Regulations regarding discipline. During this training participants will have the opportunity to dissect and discuss the regulatory requirements for behavior management, how to use discipline in a developmentally appropriate manner in child care programs, as well as the difference between the use of physical intervention and physical restraint.

*Instructor: Kristy Sherman*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

1 3 4 5 7



## Regulations Review with a Focus on Infants in Group and Family Child Care Settings

Tuesday, July 21, 2020

1:00 PM - 3:00 PM

*New Workshop!* Take a closer look at the Group and Family Day Care regulations and how your work with infants is impacted. In this training, the focus is on regulations and the connection between requirements and infant care. How to navigate questions and concerns while caring for infants and meeting regulatory guidelines will be discussed.

*Instructor: Casey Miner*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

7



## Take the Anger Challenge

Thursday, July 23, 2020

1:00 PM - 3:00 PM

This workshop will focus on learning new strategies to reduce anger in children. Participants will work through what makes children angry and how to encourage and support change in a child's behavior.

*Instructor: Lisa Potter*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

1 3 4

## Child Abuse and Maltreatment: Making the Call

Tuesday, July 28, 2020

1:00 PM - 3:00 PM

This training will focus on recognizing signs of abuse and maltreatment, proper documentation, and the procedures of making a report to the child abuse and maltreatment hotline.

*Instructor: Casey Miner*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

5 6 7 8 9



## Toddler Yoga

Wednesday, July 29, 2020

6:30 PM - 8:30 PM

This training will focus on different yoga poses, breathing, and mediation strategies that are developmentally appropriate for toddlers. We will look at the importance of these topics and how it can benefit children in the early education field.

*Instructor: Tessa Bolia*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

1 2 3

## Safety & Supervision

Thursday, July 30, 2020

6:30 PM - 8:30 PM

This training gives participants the opportunity to address OCFS Regulations using "real life" scenarios that will be reviewed, discussed, and addressed using specific OCFS Regulation criteria..

*Instructor: Lisa Potter*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

2 4 7

## Program Directors

Did you know that similar to our on-site trainings, if you have staff who need training in a specific topic area, you can schedule a private Zoom workshop for your program? If you have any questions about our online workshops or would like to schedule one for your staff, please contact Kristi Cusa at [kristic@childcaresolutionscny.org](mailto:kristic@childcaresolutionscny.org)