



# CHILD CARE SOLUTIONS

navigating the way to high quality child care

January 2021



## The Navigator

*leading you to high quality child care provider training*

### In-Person Workshops Are Back!

We're excited to announce that in addition to our distance learning workshops, we'll be offering a few in-person training workshops again! These workshops will be extremely limited, with only 6 seats in each one, and take place at our Syracuse office, where we have plenty of space to socially distance. Workshop participants will be required to follow our COVID-19 screening policy, which you can read in full here: <https://bit.ly/ccscovidpolicy>

We do want you to be aware that depending on the COVID-19 restrictions in our area, workshops scheduled to be in-person at our Syracuse office may be changed to an online workshop via Zoom. If this happens, participants will be notified as soon as possible to let them know about the change.

We are also still offering many of our training workshops online through Zoom for those who prefer the distance learning workshops. If you have any questions at all about in-person workshops or accessing our online trainings, please give us a call at (315) 446-1220.

### Registering For & Attending Online Workshops:

**1. You'll need a working email address and device that runs Zoom.**

Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.

2. Visit <https://childcaresolutionscny.org/civicrm-multiday-event/calendar> to register for workshops online\*\*, or call (315) 446-1220 to register over the phone.

3. A few days before your workshop you'll receive an email with the link you'll need to access the class. *Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.*

4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this 15 minutes prior to the start of your class; the class instructor will be available to help during this time to ensure everyone can access the workshop.

5. We will mail training certificates to all attendees upon completion of the workshop.

**\*\*Online registration is not available for those using the CSEA/Voice Professional Development Program to cover workshop fees. You may register over the phone by calling (315) 446-1220 or send an email to [pamb@childcaresolutionscny.org](mailto:pamb@childcaresolutionscny.org).**

Visit <https://childcaresolutionscny.org/financial-assistance-training> to learn more about this program and other financial assistance options.

Call: (315) 446-1220

E-mail: [ccs@childcaresolutionscny.org](mailto:ccs@childcaresolutionscny.org)

Visit: [www.childcaresolutionscny.org](http://www.childcaresolutionscny.org)

## January In-Person Workshops

All in-person workshops will be held at our Syracuse Office located at 6724 Thompson Road.

### **New! Ten Books Supporting Diversity, Gender, and Self-Esteem**

Sunday, January 19, 2020

6:30 PM - 8:30 PM

This fun training will give participants opportunity to read children's books that address the topics of diversity and culture, gender, and self-esteem. Visit these adorable storybook characters as they seek answers to their questions and learn about themselves and others! Participants will leave with a variety of activities that can be used to extend the book's concepts in the classroom and through different areas of learning. All participants will have their names entered into a drawing to win a children's book on one of these topics!

*Instructor: Kristi Cusa*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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*Note: For in-person training workshops, all participants must wear a mask and be free of COVID symptoms/not have contact with anyone who tested positive for COVID in the past 2 weeks. No travel outside of the state in the past two weeks. Please visit our website for our full COVID-19 policy, <https://bit.ly/ccscovidpolicy>*



## January Distance Learning Workshops

### **Responsive Caregiving for Infants**

Wednesday, January 6, 2021

6:30 PM - 8:30 PM

This training will help to expand and strengthen your knowledge of the importance of creating nurturing relationships with the infants you care for in the early childhood education field to promote high-quality care.

*Instructor: Tessa Bolia*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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### **Caring Spaces**

Thursday, January 7, 2021

6:30 PM - 8:30 PM

This training will focus on allowing freedom of movement for exploration of environment as well as development of self-help skills. Appropriate responsive caregiver interactions will be addressed and we'll take a look at a variety of high-quality materials that support learning and development.

*Instructor: Casey Miner*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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### **Fostering Healthy Habits**

Friday, January 8, 2021

1:00 PM - 3:00 PM

This training will discuss the opportunities you as a child care provider have to teach children the skills to establish healthy habits for life such as exercise, healthy eating, good hygiene, getting enough rest, and limiting technology. Participants will discuss how to incorporate healthy habit practices into your program as well as ideas to share with families to promote consistency with healthy habits in the children's homes.

*Instructor: Kristy Sherman*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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### **Infant and Toddler Mealtime Challenges**

Tuesday, January 12, 2021

6:30 PM - 8:30 PM

Mealtime is about more than proper nutrition. Participants will discuss creating a nurturing, safe environment for children where time is spent connecting with other children and adults. Participants will be able to recognize the benefit of engaging with children during mealtimes. Including children of all ages in meal preparation as well as incorporating family style dining in your program.

*Instructor: Casey Miner*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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### **New! Understanding Children's Behavior: Supporting the Individual Needs of Infants and Toddlers**

Wednesday, January 13, 2021

6:30 PM - 8:30 PM

In this training, we will take a deeper look at how to support the individual needs of infants and toddlers in our care. By doing so, we can understand the behaviors that we see and how to effectively address and support the children in our programs.

*Instructor: Tessa Bolia*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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#### Key to OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of infants and children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Statutes and regulations pertaining to child day care
- 7 Child abuse and maltreatment identification and prevention
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome

# January Distance Learning Workshops

**Program Directors/Supervisors:** Did you know that similar to our on-site trainings, if you have staff who need training in a specific topic area, **you can schedule a private Zoom workshop for your program?** If you have any questions about our online workshops or would like to schedule one for your staff, please contact Kristi Cusa at [kristic@childcaresolutionscny.org](mailto:kristic@childcaresolutionscny.org).

## Creating a Welcoming Environment for Infants and Their Parents

Thursday, January 14, 2021

6:30 PM - 8:30 PM

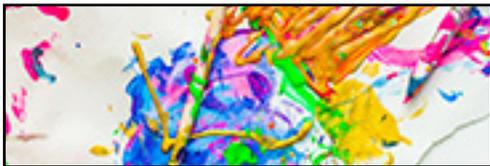
A user-friendly environment is important for infants and for their families! Discover ways to enhance your program to meet the needs of infants and parents/guardians so as to create an environment that is friendly, approachable, flexible, and where information is easily given and received.

*Instructor: Lisa Potter*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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## Sheltering in Place

Monday, January 18, 2021

1:00 PM - 3:00 PM

Participants will review the OCFS paperwork and regulations that are required for shelter in place drills and practice emergency procedures by reviewing sheltering in place scenarios. Participants will discuss how to have a stress free and instructive evacuation drill experience by using child appropriate methods to discuss emergency procedures and practice mock conversations they could have with a child during different types of sheltering in place scenarios.

*Instructor: Kristy Sherman*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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## Using the Acknowledge, Ask, Adapt Strategy with Parents and Caregivers of Infants and Toddlers

Wednesday, January 20, 2021

6:30 PM - 8:30 PM

The strategy of acknowledge, ask, adapt looks at how early childhood educators can effectively work with parents and caregivers to address any common situations or issues that come up when working with infants and toddlers.

*Instructor: Tessa Bolia*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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## Child Abuse and Maltreatment: Making the Call

Thursday, January 21, 2021

6:30 PM - 8:30 PM

This training will use scenarios to allow participants to listen to and practice making a call to the child abuse hotline. Participants will reflect on what indicators of abuse and or neglect are present, what information needs to be gathered prior to making the call, the requirements for making a report, and the role of the mandated reporter.

*Instructor: Lisa Potter*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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## Loose Parts Play with Infants and Toddlers

Friday, January 22, 2021

1:00 PM - 3:00 PM

Incorporating loose parts in play for infants and toddlers can be intimidating. This training will promote exploration of loose parts that are safe to use specifically with infants and toddlers in mind. Loose parts bring an element of adventure and surprise while meeting the natural curiosity of young children.

*Instructor: Kristy Sherman*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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## Outdoor Winter Activities

Saturday, January 23, 2021

8:30 AM - 10:30 AM

Do you find outdoor play challenging in the winter? In this training, participants will be able to identify a variety of strategies to engage children's attention while playing outside in the winter. Participants will also examine safety procedures for outdoor winter play.

*Instructor: Kristy Sherman*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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## Infant and Toddler STEM

Monday, January 25, 2021

6:30 PM - 8:30 PM

This training will discuss the importance of STEM as well as ways you can implement STEM activities into your infant and toddler programs.

*Instructor: Casey Miner*

*Class Fee: \$30 Non-Member / \$20 Member*

*2 Credit Hours*

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## Infant Toddler Specialists

Our Infant Toddler Specialists are still available via phone or email to offer technical assistance and one-on-one support to child care providers, community members and parents involved with infants and toddlers, free of charge.

**Our I/T Specialists can help with....**

- Strategies to address and work with children with challenging behaviors (such as biting, pushing, hitting, toileting, etc.)
- Ideas and assistance for room arrangements, activities, materials, etc.
- Can provide training or consulting specific to infants and toddlers
- And so much more!!

**For more information or to speak with one of our I/T Specialists, please give us a call at (315) 446-1220.**