



CHILD CARE SOLUTIONS

February 2021



The Navigator

leading you to high quality child care provider training

With the health and safety of both you and our Professional Development team in mind, our training workshops in February will all take place online. We will be using Zoom to offer several different online workshops and hope to offer more in-person workshops in the near future!

You can access our workshops through Zoom on your laptop, tablet or mobile phone – learn more about getting started with Zoom on your preferred device here: <https://support.zoom.us/hc/en-us/categories/200101697>. Zoom also offers a number of incredibly helpful how-to videos if you have never used it before, you can find these here: <https://zoom.us/resources>.

Our staff can answer any questions or concerns you might have about using Zoom for our workshops. We are also here to work with you if you are unable to attend our workshops online; please reach out to Kristi Cusa at kristic@childcaresolutionscny.org or (315) 446-1220 to discuss alternative arrangements.

Registering For & Attending Online Workshops:

1. **You'll need a working email address** and device that runs Zoom. Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.
2. Visit <https://childcaresolutionscny.org/civicrm-multiday-event/calendar> to register for workshops online**, or call (315) 446-1220 to register over the phone.
3. A few days before your workshop you'll receive an email with the link you'll need to access the class. ***Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.***
4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this **15 minutes prior to the start of your class**; the class instructor will be available to help during this time to ensure everyone can access the workshop.
5. We will mail training certificates to all attendees upon completion of the workshop.

****Online registration is not available** for those using the CSEA/Voice Professional Development Program to cover workshop fees. You may register over the phone by calling (315) 446-1220 or send an email to pamb@childcaresolutionscny.org. Visit <https://childcaresolutionscny.org/financial-assistance-training> to learn more about this program and other financial assistance options.

February Online Workshops:

Key to OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of infants and children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Child abuse and maltreatment identification and prevention
- 7 Statutes and regulations pertaining to child day care
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome
- 10 Adverse childhood experiences, focused on understanding trauma and on nurturing resiliency

Culturally Sensitive Infant Care

Wednesday, February 3, 2021

6:30 PM - 8:30 PM

What is culturally sensitive infant care? This training will dive into what it looks like to go beyond the surface factors of culture and diversity and how caregivers can implement these strategies into their childcare programs.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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I/T Challenging Behaviors

Thursday, February 4, 2021

6:30 PM - 8:30 PM

This training will focus on some of the challenging behaviors we see in child care programs regularly with infants and toddlers. We will look into causes of these behaviors, as well as appropriate responses and how we can assist in prevention.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Nutrition Options for School Age Childcare

Friday, February 5, 2021

1:00 PM - 3:00 PM

School age children often arrive to their after school program hungry and tired, and providers are often stumped as to how they can offer healthy snack choices that meet regulatory requirements and are also inviting to children. This training will focus on the struggles programs have trying to serve nutrition snacks, and to discuss ways in which they can offer healthy snack options that meet regulatory guidelines and are appealing to children.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Toddler Art

Monday, February 8, 2021

6:30 PM - 8:30 PM

We will explore using a variety of traditional and non-traditional art materials for creative expression and discuss barriers to designing and implementing successful art experiences for toddlers where they can freely explore materials. You'll leave this training with a list of non-traditional materials you can add to your program, as well as a number of activities focusing on open-ended exploration of materials by toddlers.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Math Concepts with Toddlers

Wednesday, February 10, 2021

6:30 PM - 8:30 PM

Math with toddlers? Isn't counting enough? An in depth look at the importance of incorporating math concepts beyond counting. This training explains how to incorporate math into your daily program leading to mathematical achievement in later years.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Adverse Childhood Experiences (ACEs) 101

Thursday, February 11, 2021

6:30 PM - 8:30 PM

Adverse Childhood Experiences (ACEs) have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. Understanding and working together to combat ACEs can help create neighborhoods, communities, and a world in which every child can thrive. In this training you will learn about the ACEs study, the effects ACEs have on brain development, the neurobiology of trauma, and behavioral responses.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Infant Toddler Specialists

Our Infant Toddler Specialists are still available via phone or email to offer technical assistance and one-on-one support to child care providers, community members and parents involved with infants and toddlers.

Our I/T Specialists can help with....

- Strategies to address and work with children with challenging behaviors (such as biting, pushing, hitting, toileting, etc.)
- Ideas and assistance for room arrangements, activities, materials, etc.
- Can provide training or consulting specific to infants and toddlers
- And so much more!!

For more information or to speak with one of our I/T Specialists, please give us a call at (315) 446-1220.

New! Purposeful Conversations with Children

Friday, February 12, 2021

1:00 PM - 3:00 PM

Let's take a look at our conversations with children and discuss how asking purposeful questions during these conversations can support a child's critical thinking and help them to reflect on their daily work and play.

Instructor: Kristi Cusa

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Classroom Paperwork

Monday, February 15, 2021

6:30 PM - 8:30 PM

This training explores the classroom paperwork required for a child care provider. Participants will review the paperwork required by OCFS, and discuss what paperwork is used for communicating with parents. Participants are invited to bring in their own daily forms as we discuss how to get paperwork done while caring for children.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

2 3 4 5



Music and Movement with Infants and Toddlers

Wednesday, February 17, 2021

1:00 PM - 3:00 PM

Let's boogie! Providing gross motor time in your programs is essential for the physical development of infants and toddlers. We will look at the importance and benefits of incorporating music and movement with infants and toddlers and implementing developmentally appropriate music and movement activities into programs.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Building Resiliency in Infants and Toddlers

Thursday, February 18, 2021

6:30 PM - 8:30 PM

Promoting resilience in infants and toddlers that will impact the children now and throughout their life. This training covers social emotional health, attachment and relationships, self-regulation, and initiative. This is an important topic for those caring for infants and toddlers, but given the circumstances of today with COVID-19, it is even more pressing.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Adverse Childhood Experiences (ACEs) 101

Wednesday, February 24, 2021

6:30 PM - 8:30 PM

Adverse Childhood Experiences (ACEs) have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. Understanding and working together to combat ACEs can help create neighborhoods, communities, and a world in which every child can thrive. In this training you will learn about the ACEs study, the effects ACEs have on brain development, the neurobiology of trauma, and behavioral responses.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Arrivals and Departures in an Infant Room

Thursday, February 25, 2021

6:30 PM - 8:30 PM

One of the most important times in an infant room occurs during arrivals and departures times during the day. During these times it is important to look at not only the required OCFS Regulations, but the connections with children, parents, and caregivers, as well as the health and safety of children.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Digital Media: Finding the Right Balance

Friday, February 26, 2021

1:00 PM - 3:00 PM

Working with children there are times we find ourselves faced with challenges on how to use digital media in our programs. In this workshop participants will have the opportunity to examine the OCFS Regulations pertaining to digital media and how to use developmentally appropriate media in our curriculum.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Program Directors

Did you know that similar to our on-site trainings, if you have staff who need training in a specific topic area, you can schedule a private Zoom workshop for your program? If you have any questions about our online workshops or would like to schedule one for your staff, please contact Kristi Cusa at kristic@childcaresolutionscny.org

Adult & Pediatric CPR & First Aid

We are now offering our Adult & Pediatric CPR & First Aid courses in-person again. These workshops will be extremely limited, **with only 6 seats in each one**, and take place at our Syracuse office, where we have plenty of space to socially distance. **Demand for these courses will be high**, so we are strongly encouraging all providers to check when their certification expires, plan ahead, and register in advance for when you will need to attend. **If the date you wish to attend is full, please contact us** at ccs@childcaresolutionscny.org to be placed on a waiting list; we will be accessing class needs during the coming months and additional dates may be added. Workshop participants will be required to follow our COVID-19 screening policy, which you can read in full here: <https://bit.ly/ccscovidpolicy>

Adult & Pediatric CPR/First Aid: This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat/cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR/AED valid for two years. We will be offering a full day Saturday option, as well as a two-day, weekday evening session. Those attending the two-day split sessions must attend both dates. Both options cover the same material and lead to the same certification.

Fee: \$90 Member / \$100 Non-Member
7 Credit Hours

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Full Day (8:30 AM - 3:30 PM)

Saturday, February 13th

Instructor: Laura Cummings

Saturday, March 13th

Instructor: Laura Cummings

Saturday, April 17th

Instructor: Casey Miner

Saturday, May 15th

Instructor: Laura Cummings

Saturday, June 12th

Instructor: Casey Miner

Split Session (6:00 - 9:30 PM)

(must attend both sessions)

Monday, February 22nd & Thursday, February 25th

Instructor: Casey Miner

Monday, March 22nd & Thursday, March 25th

Instructor: Casey Miner

Tuesday, April 13th & Wednesday, April 14th

Instructor: Laura Cummings

Monday, May 3rd & Thursday, May 6th

Instructor: Casey Miner

Tuesday, June 8th & Wednesday, June 9th

Instructor: Laura Cummings