



CHILD CARE SOLUTIONS

navigating the way to high quality child care

April 2021



The Navigator

leading you to high quality child care provider training

In-Person Workshops Are Back!

We're excited to announce that in addition to our distance learning workshops, we'll be offering a few in-person training workshops again! These workshops will be extremely limited, with only 6 seats in each one, and take place at our Syracuse office, where we have plenty of space to socially distance. Workshop participants will be required to follow our COVID-19 screening policy, which you can read in full here: <https://bit.ly/ccscovidpolicy>

We do want you to be aware that depending on the COVID-19 restrictions in our area, workshops scheduled to be in-person at our Syracuse office may be changed to an online workshop via Zoom. If this happens, participants will be notified as soon as possible to let them know about the change.

We are also still offering many of our training workshops online through Zoom for those who prefer the distance learning workshops. If you have any questions at all about in-person workshops or accessing our online trainings, please give us a call at (315) 446-1220.

Registering For & Attending Online Workshops:

1. You'll need a working email address and device that runs Zoom.

Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.

2. Visit <https://childcaresolutionscny.org/civcrm-multiday-event/calendar> to register for workshops online**, or call (315) 446-1220 to register over the phone.

3. A few days before your workshop you'll receive an email with the link you'll need to access the class. Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.

4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this 15 minutes prior to the start of your class; the class instructor will be available to help during this time to ensure everyone can access the workshop.

5. We will mail training certificates to all attendees upon completion of the workshop.

****Online registration is not available for those using the CSEA/Voice Professional Development Program to cover workshop fees. You may register over the phone by calling (315) 446-1220 or send an email to pamb@childcaresolutionscny.org.**

Visit <https://childcaresolutionscny.org/financial-assistance-training> to learn more about this program and other financial assistance options.

April In-Person Workshops

All in-person workshops will be held at our Syracuse Office located at 6724 Thompson Road.

The Home Spun Library!

Tuesday, April 20, 2021

6:30 PM - 8:30 PM



Learn how to incorporate language and literacy activities using non-traditional materials that will spark imagination and curiosity. During this hands-on training, participants will get to make a literacy/language tool they can use in their program!

Instructor: Kristi Cusa

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours



New! What Can We Do About Adverse Childhood Experiences?

Saturday, April 24, 2021

8:30 AM - 10:30 AM

This training will give childcare providers a better understanding of Adverse Childhood Experiences (ACEs) and strategies that can be used in our programs to reduce ACEs.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours (SACC) (all other modalities)

Instructor: Kristy Sherman

Infant Toddler Toy Making

Wednesday, April 28, 2021

6:30 PM - 8:30 PM

This training will discuss developmentally appropriate toys for infants and toddlers, and the simplicity of being able to create our own to implement into early childhood programs.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours



Note: For in-person training workshops, all participants must wear a mask and be free of COVID symptoms/not have contact with anyone who tested positive for COVID in the past 2 weeks. No travel outside of the state in the past two weeks. Please visit our website for our full COVID-19 policy: <https://bit.ly/ccscovidpolicy>

April Distance Learning Workshops



Addressing Child Abuse and Maltreatment in the Early Childhood Setting

Wednesday, April 14, 2021

6:30 PM - 8:30 PM

This training will use scenarios to allow participants to reflect on what indicators of abuse and or neglect are present, what information needs to be gathered, the requirements for making a report and the role of the mandated reporter.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours



Make your own playdough at home!
Find the recipe on our [Pinterest](#) page!



Practicing the Pause

Monday, April 19, 2021

6:30 PM - 8:30 PM

We live in a fast paced, hectic world that not only affects us but children too! Mindfulness is a practice which allows an opportunity to reduce stress and anxiety by being present in the moment. The pause is practiced through an awareness of feelings and senses. Did you know you can start mindfulness practices with children as early as toddlerhood? Participants will learn to incorporate mindfulness in the classroom encouraging relaxation, improved focus, increased self-esteem, better mood, reinforced social skills, decreases worry, promotes favorable decision making, and self-regulation. Participants will discuss how mindfulness can enhance positive behavior management skills in children and assists with transitions.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours



Experiencing Outdoor Play with Infants in Springtime

Wednesday, April 21, 2021

6:30 PM - 8:30 PM

Outdoor time is not only required by regulation, it is extremely important for children's development including infants. In this training, we will discuss the many experiences infants can safely have during outdoor play in the Springtime.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours



Safe Sleep for Infants

Thursday, April 22, 2021

6:30 PM - 8:30 PM

This training will discuss the importance of placing infants on their backs to sleep, and the physical, environmental, and other factors considered linked to an infant's succumbing to SIDS.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours



April Distance Learning Workshops

Program Directors/Supervisors: Did you know that similar to our on-site trainings, if you have staff who need training in a specific topic area, you can schedule a private Zoom workshop for your program? If you have any questions about our online workshops or would like to schedule one for your staff, please contact Kristi Cusa at kristic@childcaresolutionscny.org.

SAVE THE DATE!

**Saturday, April 10th
and
Saturday, May 1st**

Mark your calendars! Our spring training conference will take virtually over two Saturdays - April 10th & May 1st. Details to come!

Designed by Freepik

Music and Movement

Friday, April 30, 2021

6:30 PM - 8:30 PM

has the pandemic cut down on how you're using music and movement in your program? Come to this training to take away some ideas on how you can bring music and movement back into your daily routine. Participants in this training will create opportunities for children to practice skills that develop coordination, balance, movement and strength. We will discuss ideas for music and movement to use for in person learning or the virtual classroom.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member
2 Credit Hours



Marketing Your Daycare Business

Friday, April 23, 2021

1:00 PM - 3:00 PM

This training will take a close look at aspects of a daycare program that can be beneficial and detrimental. Parent handbooks and contracts, initial contact with families, enrolling and retaining families will be the focus of this training. A May training will be offered in-person as a follow-up to this training where providers will be invited to bring in the handbooks and forms they use to review and update during the training..

Instructor: Kristi Cusa

Class Fee: \$30 Non-Member / \$20 Member
2 Credit Hours



New! Infant and Toddler ACEs

Monday, April 26, 2021

6:30 PM - 8:30 PM

What are adverse childhood experiences (ACEs) and how do ACEs influence infants and toddlers? The answers may surprise you! As a caregiver, you have the ability to help shield children from the detrimental effects of ACEs. Learn about how you can play a key role in prevention.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member
2 Credit Hours



Key to OCFS Topic Areas

- 1 Principles of childhood develop-
- 2 Nutrition and health needs of infants and
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Child abuse and maltreatment identification and prevention
- 7 Statutes and regulations pertaining to child day care
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome
- 10 Adverse childhood experiences, focused on understanding trauma and on nurturing resiliency