The Navigator
leading you to high quality child care provider training
What Role Do You Play in Children’s Play? Wednesday, January 8, 2020

This training will explore the important role they play in facilitating quality play opportunities for children in their program. Participants will explore the assets and factors such as their learning environment, toys, materials, and their beliefs on their role in children’s play. The impact of the quality of the experiences that are offered to children each day.

Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Sensory Activities for Infants and Toddlers Thursday, January 9, 2020

This hands-on training will provide guardians an opportunity to learn about the many ways they can support sensory learning for infants and toddlers.

Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Child Abuse and Maltreatment: Making the Call Monday, January 13, 2020

This training will use scenarios to allow participants to listen to and practice making a call to the child abuse hotline. Participants will reflect on what indicators of abuse and neglect are present, what information needs to be gathered prior to making the call, the requirements for making a report, and the importance exploration of materials has on learning.

Instructor: Kristy Sherman
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Creating a Safe and Healthy Environment Thursday, January 16, 2020

This training will reinforce the need for providers to be proactive with the paperwork they are required to use to document injuries, classroom and program policies and procedures addressing health and safety, and daily practices that promote a healthy and early childhood learning environment.

Instructor: Lisa Potter
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Addressing Biting in Your Child Care Program Tuesday, January 21, 2020

This training will discuss the different elements of biting in childcare programs as well as strategies for children who bite and how to appropriately work with families when these situations arise.

Instructor: Tessa Bolla
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Infant and Toddler Responsive Caregiving Thursday, January 22, 2020

Did you know that how you interact with infants and toddlers plays an important role in their emotional and social development? We'll discuss nurturing relationships and why it is so critical by examining nurturing moments as seen through an infant's eyes and a toddler's play.

Instructor: Kristi Cusa
Fee: $20 Member / $30 Non-Member
2 Credit Hours

New! Making the Most Out of Circle Time Thursday, January 23, 2020

In this training, participants will discuss circle time as a large-group communication. We will also discuss how we can implement circle time in a developmentally appropriate manner.

Instructor: Lisa Potter
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Addressing the Nutritional Needs of Infants and Toddlers Thursday, January 30, 2020

During this workshop we'll review the importance of nutrition for the physical, social, and emotional growth of infants and toddlers.

Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Challenging Behaviors for Infants and Toddlers Tuesday, February 4, 2020

This workshop will focus on some of the challenging behaviors we regularly see in child care programs with infants and toddlers. We will look into causes of these behaviors, as well as appropriate responses and how we can assist in prevention.

Instructor: Tessa Bolla
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Intro to Ages & Stages Wednesday, February 5, 2020

In this workshop participants will examine the Ages & Stages Questionnaires and learn to use this easy tool to screen young children for developmental delays. Participants will discuss the appropriate settings and situations in which to use this tool.

Instructor: Lisa Potter
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Art: Process vs. Product Monday, February 16, 2020

This training will focus on the difference between art activities that are product-driven vs. art activities that focus on the process involved in a child’s exploration of materials and creating with materials. We will also talk about the impact of importance exploration of materials has on learning.

Instructor: Kristy Sherman
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Incorporating Nutrition and Food Preparation Activities in Your Program Monday, January 27, 2020

Nutrition and food preparation can be a fun experience that teaches children about measuring, nutrition, following directions, and more! During this workshop, we will discuss how you can incorporate experiences into your program that will be easy and educational. We will also talk about how to offer an organized experience based on the individual needs of your group.

Instructor: Kristy Sherman
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Hiring Practices Wednesday, January 29, 2020

This training will focus on the difference of hiring care providers as wellness strategies for children who bite and how to appropriately work with families when these situations arise. We will also review paperwork required by OCFs for more information. 

Instructor: Krisy Sherman
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Baby Sign Language Thursday, February 13, 2020

Basic baby sign language will allow you to bring back simple sign language use with infants. This is an opportunity to be able to communicate in a more efficient way with non-verbal infants as they are learning and growing.

Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Building with Recycled Materials Monday, February 17, 2020

Come to learn what building with recycled materials can be another man’s treasure especially when it comes to creative learning! You’ll learn ways to use recycled materials and “bits and pieces” to encourage children’s creative thinking and problem-solving skills. Come explore the world of building with recycled materials and discover the endless possibilities.

Instructor: Kristy Sherman
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Making a Self Care Routine New! Wednesday, February 26, 2020

This training will focus on some of the challenging behaviors we regularly see in child care programs with infants and toddlers. We will look into causes of these behaviors, as well as appropriate responses and how we can assist in prevention.

Instructor: Tessa Bolla
Fee: $20 Member / $30 Non-Member
2 Credit Hours

New! Making a Self Care Routine Thursday, February 27, 2020

Self care is important! Join us for this workshop and learn new techniques to combat burnout and fatigue while developing an individualized long-term self-care plan.

Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Child Abuse and Maltreatment: Making the Call Monday, March 2, 2020

Come play! We will explore the world of toddlers and how to use materials for creative expression. We will use strategies to take the “scary” out of art exploration, and go home with ideas and props you can use the next day in your program.

Instructor: Kristi Cusa
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Daytime Workshop // 10:00 AM - 11:30 AM
Nutrition Options for School Age Children Friday, February 21, 2020
During this workshop we will discuss the nutritional needs of school age children as outlined in the OCFs SACC requirements under “nutrition” as well as USDA regulations. We will talk about barriers you may face when offering healthy snack options to school age children, plan snack options that are healthy and safe, review sample snack menus and discuss ways to successfully offer snacks that meet the regulatory guidelines and are appealing to children.

Instructor: Kristy Sherman
Fee: $15 Member / $22.50 Non-Member
1.5 Credit Hours

Daytime Workshop // 1:30 PM - 3:00 PM
Keeping Infants Safe Wednesday, February 26, 2020
This training will look at the importance of keeping infants safe in child care programs and what safety really looks like. Participants will attend and discuss the OCFs Regulations as they pertain to infant safety.

Instructor: Tessa Bolla
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Workshops
The following workshops are held from 9:30 - 11:30 AM at our Syracuse Office located at 6714 Thompson Rd unless otherwise noted.

Join us for Super Saturday! Saturday, February 22nd
Spend the day with us and earn up to 6 credit hours covering 8 different OCFs categories!

8:30 AM - 10:00 AM
Music and Movement

Participants in this training will create opportunities for children to practice skills that develop coordination, balance, movement, and strength. We'll discuss ideas for music and movement in the classroom as well as allowing children to communicate their understanding through movement and dance.

Instructor: Kristy Sherman
Fee: $15 Member / $22.50 Non-Member
1.5 Credit Hours

12:00 PM - 1:30 PM
Renewal Ready

Participants will discuss OCFs regulations, paperwork, and best practices for storing paperwork that adheres to OCFs regulations and to help your inspections run smoothly.

Instructor: Lisa Potter
Fee: $15 Member / $22.50 Non-Member
1.5 Credit Hours

1:30 PM - 3:00 PM
Child Abuse and Maltreatment: Making the Call

This training will use scenarios to allow participants to listen to and practice making a call to the child abuse hotline. Participants will reflect on what indicators of abuse and neglect are present, when information needs to be gathered prior to making the call, the requirements for making a report, and the role of a mandated reporter.

Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

10:00 AM - 11:30 AM
STEM with Infants and Toddlers

Incorporating STEM with infants and toddlers is an important factor in learning and development. This training will discuss the importance of STEM as well as ways to implement STEM into your infant and toddler programs.

Instructor: Tessa Bolla
Fee: $15 Member / $22.50 Non-Member
1.5 Credit Hours

Workshops
Fostering Healthy Habits
Thursday, March 12, 2020
This training will discuss the opportunities you as a child care provider have to teach children the skills they need to maintain healthy habits for life such as exercise, healthy eating, limiting technology and more. We’ll discuss how to incorporate healthy habit practices into your daily program to keep children engaged and for their families.
Instructor: Kristy Sherman
Fee: $20 Member / $30 Non-Member
2 Credit Hours

Supporting Different Family Structures
Monday, March 16, 2020
In a time when school age children are interacting more with a screen than with each other, child care providers need to step up theirgross motor games by providing a cooperative experience. Spend your afternoon playing games and identifying a variety of equipment or props that can be used during play game.
Instructor: Lisa Potter
Fee: $15 Member / $22.50 Non-Member
1.5 Credit Hours

Dissecting a Temper Tantrum
Thursday, March 19, 2020
This training focuses on the unique world of infants and toddlers and the challenges of responding to tantrums. We will discuss behaviors associated with tantrums, how we feel about tantrums, factors that influence them, and effective responses to tantrums that support the child.
Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

New! Experiencing Outdoor Play with Infants in the Springtime
Monday, March 23, 2020
Outdoor time is not only required by Regulation, it is extremely important for children’s development, including infants. In this training we will discuss the many experiences infants can safely have during outdoor play in the Springtime.
Instructor: Tessa Bisha
Fee: $20 Member / $30 Non-Member
2 Credit Hours

New! Making a Self Care Routine
Thursday, March 26, 2020
This training will focus on allowing freedom of movement for exploration of environment as well as development of self-help skills. Appropriate responsive caregiver interactions will be addressed and we’ll take a look at a variety of high-quality materials that support learning and development.
Instructor: Casey Miner
Fee: $20 Member / $30 Non-Member
2 Credit Hours

New! Infant Toddler Toy Making
Thursday, March 30, 2020
In this class we will make toys for infants and toddlers, and the simplicity of the toys that we make will make them approachable, flexible, and where information is easily given and received.
Instructor: Tessa Bisha
Fee: $20 Member / $30 Non-Member
2 Credit Hours
Both sessions begin January 7, 2020

<table>
<thead>
<tr>
<th>Certification Courses</th>
<th>Date</th>
<th>Time</th>
<th>Instructor</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult &amp; Pediatric CPR/First Aid</td>
<td>January 4, 7, 9, 14, 21, 23, 28, 30</td>
<td>8:30 AM - 3:30 PM</td>
<td></td>
<td>$125 Member/Non-Member</td>
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<tr>
<td>Health &amp; Safety Training: Competencies for Becoming a Family or Group Family Day Care Provider</td>
<td>February 4, 11, 18, 25</td>
<td>8:30 AM - 3:30 PM</td>
<td></td>
<td>$125 Member/Non-Member</td>
</tr>
<tr>
<td>Child Development Associate (CDA)</td>
<td>March 5, 10, 12, 17, 19, 24, 31</td>
<td>8:30 AM - 3:30 PM</td>
<td></td>
<td>$1500 Program for registered Family Day Care and licensed Group Family Day Care providers. There is no limit to the number of workshops you can take. Funding for trainings at CCS is now available through CSEA/VOICE Professional Development Program: CSEA/VOICE Professional Development Program:</td>
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Winter Office Closings

Our Syracuse office will be closed on the following days:

- Wednesday, January 1
- Monday, January 20
- Monday, February 17

Our Auburn office is closed every Monday, and the following days:

- Wednesday, January 22
- Wednesday, February 26
- Wednesday, March 25

Did you know as a registered or licensed provider you can get FREE one on one support answering questions like these and more at Child Care Solutions?

It's called technical assistance, and our Professional Development Specialists and three Infant/Toddler Specialists are here to help you improve the quality of your program, either over the phone or in person, free of charge. Feel free to contact us at (315) 446-1220 ext. 309 during business hours to schedule a technical assistance consultation!

Struggling with a group of biting toddlers?

Looking for new ways to manage challenging behavior?

Curious how your program can become a breast-feeding friendly certified site?