



CHILD CARE SOLUTIONS

August 2020



The Navigator

leading you to high quality child care provider training

Our training workshops are moving online!

With the health and safety of both you and our Professional Development team in mind, we have decided to move our training workshops to an online platform so you can continue to have access to the high quality training you need. We will be using Zoom to offer several different online workshops over the coming weeks.

You can access our workshops through Zoom on your laptop, tablet or mobile phone – learn more about getting started with Zoom on your preferred device here: <https://support.zoom.us/hc/en-us/categories/200101697>. Zoom also offers a number of incredibly helpful how-to videos if you have never used it before, you can find these here: <https://zoom.us/resources>.

Our Professional Development team is also here to make this switch to an online platform easy and accessible to you! Our staff can answer any questions or concerns you might have about using Zoom for our workshops. We are also here to work with you if you are unable to attend our workshops online; please reach out to Kristi Cusa at kristic@childcaresolutionscny.org or (315) 446-1220 to discuss alternative arrangements.

Registering For & Attending Online Workshops:

1. You'll need a working email address and device that runs Zoom.

Please visit this website: <https://support.zoom.us/hc/en-us/categories/200101697> for instructions and system requirements for running Zoom on desktop/laptop computers as well as tablets/mobile devices.

2. Visit <https://childcaresolutionscny.org/civcrm-multiday-event/calendar> to register for workshops online**, or call (315) 446-1220 to register over the phone.

3. A few days before your workshop you'll receive an email with the link you'll need to access the class. *Please contact the class instructor if you have not received the link 24 hours before your scheduled workshop.*

4. When it's time for your workshop, click the link you received in your email. Please read and follow any prompts or instructions from Zoom. We recommend doing this 15 minutes prior to the start of your class; the class instructor will be available to help during this time to ensure everyone can access the workshop.

5. We will mail training certificates to all attendees upon completion of the workshop.

****Online registration is *not available* for those using the CSEA/Voice Professional Development Program to cover workshop fees.** You may register over the phone by calling (315) 446-1220 or send an email to pamb@childcaresolutionscny.org. Visit <https://childcaresolutionscny.org/financial-assistance-training> to learn more about this program and other financial assistance options.

Call:(315) 446-1220

E-mail: ccs@childcaresolutionscny.org

Visit: www.childcaresolutionscny.org

August Online Workshops:



Developmentally Appropriate Discipline and the Regulations

Thursday, August 6, 2020

6:30 PM - 8:30 PM

This training has been designed to help participants understand the NYS OCFS Regulations regarding discipline. During this training participants will have the opportunity to dissect and discuss the regulatory requirements for behavior management, how to use discipline in a developmentally appropriate manner in child care programs, as well as the difference between the use of physical intervention and physical restraint.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Making Families Feel Welcome

Monday, August 10, 2020

6:30 PM - 8:30 PM

In this training participants will assess and discuss their practices for making families feel welcome in their setting. This training will cover topics such as helping parents feel welcome during the COVID-19 pandemic, ensuring the physical environment reflects the children and families you work with, strategies to build relationships with children and families right from the beginning and communication techniques you can use with families.

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Keeping Infants Safe

Wednesday, August 5, 2020

1:00 PM - 3:00 PM

This training will look at the importance of keeping infants safe in child care programs and what safety really looks like. Participants will address and discuss the OCFS Regulations as they pertain to infant safety.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

2 4 7



New! Combating Compassion Fatigue

Wednesday, August 5, 2020

6:30 PM - 8:30 PM

Participants will learn the signs of compassion fatigue which can arise from caring for others. These signs could include physical, emotional, and spiritual distress. Having the knowledge of compassion fatigue, the signs to look for, and methods to combat these symptoms will guide participants to a healthier more balanced lifestyle.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Infant Toddler Specialists

Our Infant Toddler Specialists are still available via phone or email to offer technical assistance and one-on-one support to child care providers, community members and parents involved with infants and toddlers.

Our I/T Specialists can help with....

- Strategies to address and work with children with challenging behaviors (such as biting, pushing, hitting, toileting, etc.)
- Ideas and assistance for room arrangements, activities, materials, etc.
- Can provide training or consulting specific to infants and toddlers
- And so much more!!

For more information or to speak with one of our I/T Specialists, please give us a call at (315) 446-1220.

Program Directors/Supervisors: Did you know that similar to our on-site trainings, if you have staff who need training in a specific topic area, **you can schedule a private Zoom workshop for your program?** If you have any questions about our online workshops or would like to schedule one for your staff, please contact Kristi Cusa at kristic@childcaresolutionscny.org.

Teaching Children Kindness

Wednesday, August 12, 2020

6:30 PM - 8:30 PM

This training will focus on the important work of teaching children kindness. Participants will reflect on their understanding of the role kindness and empathy play in positive social development, and create activities that help to teach the concept of kindness to children.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Establishing Infant Policies in Your Program

Friday, August 14, 2020

1:00 PM - 3:00 PM

Participants will discuss the importance of having a handbook that includes policies specific to infant care. This training will examine the OCFS child care regulations and the Core Body of Knowledge for guidance on policy development. Participants are encouraged to bring their policies/handbook to review as part of the training process.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

3 4 5 7

Responsive Caregiving for Infants

Tuesday, August 18, 2020

1:00 PM - 3:00 PM

This training will help to expand and strengthen your knowledge of responsive caregiving and the importance of creating nurturing relationships with the infants in your care. You'll learn new strategies and how to implement or improve practices within your program.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Child Abuse and Maltreatment: Making the Call

Wednesday, August 19, 2020

6:30 PM - 8:30 PM

This training will focus on recognizing signs of abuse and maltreatment, proper documentation, and the procedures of making a report to the child abuse and maltreatment hotline.

Instructor: Casey Miner

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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New! Brain Development for Infants and Toddlers

Thursday, August 27, 2020

6:30 PM - 8:30 PM

Understanding brain development with infants and toddlers plays an important role in childcare. This training looks at the factors of brain development and how we can create a learning environment that is best for our infants and toddlers.

Instructor: Tessa Bolia

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Safety & Supervision

Friday, August 28, 2020

1:00 PM - 3:00 PM

This training gives participants the opportunity to address OCFS Regulations using "real life" scenarios that will be reviewed, discussed, and addressed using specific OCFS Regulation criteria.

Instructor: Kristy Sherman

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

2 4 7



The Art of Storytelling

Monday, August 24, 2020

6:30 PM - 8:30 PM

This interactive training will focus on how to make a story come alive to engage and inspire children to develop their own gifts of storytelling. Participants should come prepared with lots of excitement, enthusiasm, and ideas!

Instructor: Lisa Potter

Class Fee: \$30 Non-Member / \$20 Member

2 Credit Hours

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Key to OCFS Topic Areas

- 1 Principles of childhood development
- 2 Nutrition and health needs of infants and children
- 3 Child day care program development
- 4 Safety and security procedures
- 5 Business record maintenance and management
- 6 Statutes and regulations pertaining to child day care
- 7 Child abuse and maltreatment identification and prevention
- 8 Statutes and regulations pertaining to child abuse and maltreatment
- 9 Education and information on the identification, diagnosis and prevention of shaken baby syndrome