



**August 2022**

## **CHILD CARE CONNECTION**

Published by Child Care Solutions

is Child Care Solutions' monthly newsletter for child care providers and parents in Central New York. Stay informed about upcoming professional development opportunities, news from OCFS, local events, provider tips, fun activities, and more!



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## Looking for More Trainings?

Are you missing training hours or do you need OCFS categories? Do you need our training flyer, “The Navigator”, and haven’t received it by postal mail or email? [Send us a message](#) to make sure you are on our email list or postal mailing list for future trainings and other announcements. We would also love to hear from you if there are any topics you are interested in learning more about. Contact Kristi Cusa at [Kristic@childcaresolutionscny.org](mailto:Kristic@childcaresolutionscny.org) or (315) 446-1220 ext.309.

### In-Person Workshops:

### Upcoming Trainings:

#### Fine Motor, Gross Motor with Infants and Toddlers

Thursday, August 18, 2022

6:30 PM - 8:30 PM

This hands-on training will focus on promoting both fine and gross motor development with infants and toddlers. Participants will engage in activities as well as discussions pertaining to understanding fine and gross motor development in children under 3 years of age. This training will introduce developmentally appropriate fine and gross motor activities that can be used in the infant/toddler classroom environment.

Instructor: Liza Hernandez

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#### Implementing Emergency Evacuations with Infants and Toddlers in Group and Family Day Care Programs

Thursday, August 18, 2022

6:30 PM - 8:30 PM

Emergency evacuation drills conducted every month are required by regulation and are good practice, but have you considered the youngest among the group? Preparing for an emergency evacuation with infants and toddlers entails a lot more than snack, a first aid kit, and attendance records. This training will allow you to reflect on your policies and procedures as we dig in and review necessary steps of an emergency evacuation with infants and toddlers.

Instructor: Kristy Sherman

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### ZOOM Workshops:

#### Supporting Parent and Infant Relationships (ZOOM)

Thursday, August 11, 2022

6:30 PM - 8:30 PM

This training will focus on how the early childhood professional can support infants and their families through respectful partnering with the parent/guardian and empowering the family to be involved in their child’s daycare experience.

Instructor: Liza Hernandez

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### MAT Trainings

Full Day Saturday 8:30am - 4:30pm  
August 6th, 2022

Split Sessions  
5:00pm - 7:30pm

August 23rd & 24th

Located at our Syracuse Office



### CPR Trainings

Full Day Saturdays 8:30am - 3:30pm  
August 20th

Split Sessions Tuesday & Wednesday  
6:00pm - 9:30pm

August 9th & 10th

Located at our Syracuse Office

## Dear Providers and Program Staff:

As temperatures soar and we experience record heat across the state, it is critically important to be mindful of the impact the weather can have on our children. Please take this opportunity to remind parents and staff to provide summer clothing daily and to avoid prolonged exposure to the outdoors. It is important to be especially mindful about hydration, offering water to drink and opportunities for rest often.

Also, when transporting children, remind parents and staff to check the vehicle prior to exiting to ensure no child is left unattended. As you know, children often fall asleep during transportation. In addition to face-to-face attendance, a thorough sweep to the back of the vehicle is required. In a matter of minutes, excessive heat can be life threatening to children.

Lastly, if a child you were expecting does not arrive to program in the morning, make an immediate call to the parent or transportation department to check on the child’s whereabouts. If the child was accidentally left in a vehicle, your outreach may be the alarm that leads to the child’s safe recovery.

Thank you for your continued commitment to the wellness of children.

Estimado proveedor(a):

Las temperaturas estan aumentando en todo el estado, y estamos experimentando una ola de calor. Es importante tener en cuenta el impacto que el clima puede tener en nuestros hijos. Aproveche esta oportunidad para recordar a los padres y al personal de cuidado que proporcionen ropa de verano diariamente y eviten la exposición prolongada al aire libre. Es importante ser especialmente consciente de la hidratación de todo los niños, ofreciendo agua y oportunidades para descansar a menudo.

Además, al transportar a los niños, recuerde a los padres y al personal de cuidado que revisen el vehículo antes de salir para asegurarse de que ningún niño quede desatendido. Como usted sabe, los niños a menudo se quedan dormidos durante el transporte. Además de la asistencia cara a nombre, se requiere un barrido completo en la parte trasera del vehículo. En cuestión de minutos, el calor excesivo puede ser potencialmente mortal para los niños.

Por último, si un niño que usted estaba esperando no llega al programa en la mañana, llame inmediatamente al padre o al departamento de transporte para verificar adonde esta el niño. Si el niño fue dejado accidentalmente en un vehículo, su llamada puede ser la alarma que conduzca a la recuperación segura del niño.

Gracias por su compromiso por el bienestar de los niños.

## Do You Want to Expand Your Child Care Business?

**Child Care is in high demand and now is the time to expand your business.**

The New York State Office of Children and Family Services Announces \$100 Million in Federal Funds to Address Child Care Deserts.

**Funding will support child care programs that want to expand their business:**

This grant will help cover the expenses to expand your child care business. To be eligible you must expand your business hours, provide services to at least one newly enrolled infant or toddler, or provide services to at least one newly enrolled child with special needs.

**The grant is now available to apply. Don’t wait!**

To learn more or to see if you are eligible and the requirements to apply: [Click here.](#)

## Staff Member Highlights:



Hi, I'm Sagar!

**Position:** Finance Specialist

**From:** Nepal

**Likes to do:** Hiking, camping, fishing, biking, reading, and spending time with family and friends

**Background:** Before graduating, started working for Child Care Solutions in the finance department. Graduated from SUNY Polytechnic Institute in Utica in May 2022. Continue to work as a finance specialist for over a year now at CCS.

“I am excited to continue the good work we do and doing the best we can to achieve our mission.”



Hi, I'm Shannon!

**Position:** Director of Operations

**From:** Skaneateles, NY

**Likes to do:** Crafting, home renovation, spending time with friends and family and a very spoiled dog named Finley

**Background:** Graduated from SUNY Cortland with a Bachelors degree in Elementary Education. Worked for a few years in school-age child care and as a substitute teacher before coming to Child Care Solutions. Worked in almost every department here for over 23 years.

“After 23 years, I am still passionate and stand behind our mission and vision for high quality child care in our community.”

## Child and Adult Care Food Program (CACFP)

### Do you need help paying for food in your child care program?

Join the food program called Child and Adult Care Food Program (CACFP) to help cover some of the expenses of nutritional foods that you use to feed children in your program. [Click here](#) to learn more about CACFP.

Below is some local resources you can use to shop for nutritional foods:

[City of Syracuse Farmers Market](#)  
Every Tuesday until October 11th, from 8am - 2pm

[CNY Regional Market](#)  
Thursdays and Saturdays from 7am-2pm  
2100 Park St, Syracuse, NY 13208



## Healthy Snack: Veggie Plate



### Ingredients:

- Tomatoes and Cucumbers
- Bell Peppers (any color)
- Celery and Carrots
- Ranch Dip

### Instructions:

- Cut all veggies into strips or bit sized
- Place the ranch dip in the center of the plate
- Separate each veggie and organize them how you like
- Share and Eat!



**Membership** We truly appreciate their support.



## Child Care Solutions - Membership & Support Form

Individual or Contact Name \_\_\_\_\_  
Organization \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

New  
 Renewing

### Professional Membership

(check one):

- \$ 25 an Individual or a Family (Registered) Child Care home
- \$ 40 Group Family (Licensed) Child Care home
- \$ 55 per site / Small child care or early education program (five or fewer staff)
- \$100 per site / Larger child care or early education program or non-profit agency

### Community Supporter

(check one/specify amount):

- \$ 25.00 Professional Membership for CDA
- \$ \_\_\_\_\_ General Donation Fund
- \$ \_\_\_\_\_ Other

\* To pay by Visa or Mastercard call 315-446-1220.

Please mail this form with check to: Child Care Solutions  
6724 Thompson Road  
Syracuse, NY 13211