

The

Navigator

July-Aug-Sept. 2026

Professional Development
Training Catalog

Take Charge of Your Professional Growth

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CPR/First Aid

Adult & Pediatric CPR/First Aid

• Sat. Sept. 19 | 8:30am -3:30 pm | Syracuse Office

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, injuries, heat/cold emergencies, and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Participants who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR (valid for two years).

Instructor: Lisa Jillson

Topic Areas: 2,4 | 7 Credit Hours

Fee: Member \$115 | Non-Member \$125

En español

Primeros Auxilios/RCP Adulto/Pediatrico

• Sat. Jul. 11 | 8:30 am-3:30 pm | Syracuse Office

Este curso incorpora la ciencia más reciente y enseña a los estudiantes a reconocer y atender una variedad de emergencias de primeros auxilios, como quemaduras, cortes, raspaduras, enfermedades súbitas, emergencias por calor/frío y cómo responder a emergencias respiratorias y cardíacas para ayudar a víctimas de cualquier edad: adultos (aproximadamente 12 años en adelante) y pediátricos (bebés y niños hasta 12 años de edad). Los participantes que completen con éxito este curso recibirán un certificado de Primeros Auxilios/RCP para Adultos y Pediátricos de la Cruz Roja Americana (válido por dos años).

Instructor: Roselis Canete Hernandez

Topic Areas: 2,4 | Member \$115 | Non-Member \$125

CONTACT US

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Syracuse Office

1101 Erie Blvd East

Syracuse, NY 13210

Mon-Fri 8:30am - 4:30pm

Auburn Office

100 North St., Suite 3

Auburn, NY 13021

Tues-Fri 8:30am-4:00pm

Key OCFS Topic Areas

- 1 Principles of Childhood Development
- 2 Nutrition & Health Needs of Infants & Children
- 3 Child Day Care Program Development
- 4 Safety & Security Procedures
- 5 Business Record Maintenance & Management
- 6 Child Abuse & Maltreatment Identification & Prevention
- 7 Statutes & Regulations Pertaining to Child Day Care
- 8 Statutes & Regulations Child Abuse & Maltreatment
- 9 Education & Information on Shaken Baby Syndrome
- 10 Adverse Childhood Experiences, Focused on Understanding Trauma

OCFS Requirements

All child care personnel (staff, employees, caregivers, and volunteers with regular and substantial contact with children) are required to complete 30 hours of training every two years, covering the 10 Key Topic Areas.

July Trainings

Child Abuse and Maltreatment Including Shaken Baby Syndrome

- **Tue. Jul. 7 | 6:30 pm - 8:30 pm | Syracuse Office**
Childcare providers play a special role in the lives of children. A major part of a provider's role is to keep children safe. One way providers can keep children safe is by recognizing the signs of abuse. In this training, we will discuss the role of the mandated reporter. We will also review the summary guide for mandated reporters. Participants will identify indicators of child abuse and maltreatment/neglect and learn the procedure for making reports of suspected child abuse and maltreatment/neglect.

Instructor: Kristy Stelter

Topic Areas: 6,8,9 | Class Fee \$30, \$20 for CCS Members

Behavior Has Meaning: Understanding Infants and Toddlers

- **Tue. Jul. 21 | 6:30 pm-8:30pm | Syracuse Office**
This training focuses on the understanding that behavior in infants and toddlers is a form of communication. Participants will explore how early development, brain growth, and environmental factors influence behavior. Through real-life scenarios, reflection, and practical strategies, providers will learn how to respond to challenging behaviors in ways that support regulation, connection, and healthy development.

Instructor: Lisa Jillson

Topic Areas: 1,2 | Class Fee \$30, \$20 for CCS Members

Identifying and Accommodating Children with Special Needs

- **Wed. Jul. 29 | 6:30 pm-8:30 pm | Syracuse Office**
This workshop will give participants the opportunity to explore how they can make accommodations in their programs for children with special needs. Participants will develop a plan for communicating with families in a positive and beneficial way.

Instructor: Lisa Jillson

Topic Areas: 1,2,4 | Class Fee \$30, \$20 for CCS Members

August Agosto Trainings

Infant/Toddler Aces

• **Wed. Aug. 12 | 6:30 pm-8:30 pm | Syracuse Office**

What are adverse childhood experiences and how do ACEs influence infants and toddlers? The answers may surprise you! As a caregiver, you have the ability to help shield children from the detrimental effects of ACEs. Learn more about how you can play a key role in prevention.

Instructor: Lisa Jillson

Topic Areas: 3,10 | Class Fee \$30, \$20 for CCS Members

Dilemmas for Inclusion

• **Thu. Aug. 20 | 6:30 pm-8:30 pm | Auburn Office**

Children deserve respect for who they are, however it is difficult to meet the diverse needs of children with and without diagnosed disabilities. In this training we will share some of these challenges and generate strategies for going forward in our work with children.

Instructor: Lisa Jillson

Topic Areas: 1,3,4 | Class Fee \$30, \$20 for CCS Members

Curso de Salud y Seguridad

Curso de Salud y Seguridad

• **Aug. 3, 5, & 7 | 9 am-4 pm | Syracuse Office**

Este es un entrenamiento de 15 horas basado en competencias que proporciona una base para las prácticas que promueven y protegen la salud y seguridad de los niños en el cuidado infantil en el hogar. La finalización exitosa de este curso es requerida para todos los nuevos solicitantes de cuidado diurno familiar o grupal en el estado de Nueva York antes de la obtención de la licencia o el registro.

Instructor: Roselis Canete Hernandez

Topic Areas: 2,4,5,6,7,8,9 | Class Fee \$250

**Nota: Debe asistir a todas las fechas de clase para obtener el certificado 15 horas de crédito | La clase incluye un descanso para el almuerzo de 30 minutos.*

Sept. Trainings

Clean Hands, Safe Spaces: Infection Control & Hand Hygiene for Child Care Providers

• **Thu. Sept. 17 | 6:30 pm-8:30 pm | Syracuse Office**

The training will explore common ways germs spread in classrooms and provide hands-on guidance for reducing cross-contamination during daily routines such as meals, diapering, toileting, play, and group activities. Participants will also review best practices for promoting healthy habits among children and maintaining safe, clean learning environments.

Instructor: Roselis Canete Hernandez

Topic Areas: 2,4,7 | Class Fee \$30, \$20 for CCS Members

Using the Acknowledge, Ask, Adapt Strategy with Parents & Caregivers of Infants & Toddlers

• **Wed. Sept.30 | 6:30am -8:30 pm | Syracuse Office**

The strategy of acknowledge, ask, adapt looks at how early childhood educators can effectively work with parents and caregivers to address any common situations or issues that come up when working with infants and toddlers.

Instructor: Lisa Jillson

Topic Areas: 1,3,5 | Class Fee \$30, \$20 for CCS Members

Health & Safety

Health & Safety

• **Sept. 14, 16, & 18 | 9 am-4 pm | Syracuse Office**

• This is a competency-based 15-hour training that provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new family or group family day care applicants in NYS prior to licensure or registration.

Instructor: Lisa Jillson

Topic Areas: 2,4,5,6,7,8,9 | Class Fee \$250

**Note: Must attend all class dates to earn certificate 15 Credit Hours | Class includes a 30 min. lunch break*

MAT

(Medication Administration Training)

The MAT course is an 8 credit hour, skill-based training designed to help child care professionals safely administer medication in their program. The class covers medication effects, preparation and administration techniques, permission requirements, emergency care, handling, storage, and safe disposal. This course, offered via the Independent Study option, requires participants to complete approximately 3–4 hours of self-paced online video training and exercises before attending a required classroom session. A working email address is required for registration.

Instructor: Roselis Canete Hernandez

Two available class dates:

- **Thu. Jul. 30 | 9 pm-3 pm | Syracuse Office**
 - **Thu. Sept. 24 | 9 am-3 pm | SYR**
- Topic Areas: 2,4,7 | 8 Credit Hrs | Fee \$150**

Proveedores de CNY: ¡Obtén capacitación gratuita!

Hay fondos disponibles para las capacitaciones ofrecidas por Child Care Solutions a través del Programa de Desarrollo Profesional CSEA/VOICE.

Si usted es un proveedor de cuidado infantil familiar o familiar grupal con licencia o registración en el área central de Nueva York, puede inscribirse en capacitaciones aprobadas por el estado para cumplir con los requisitos de inscripción, registro o licencia sin costo alguno, simplemente seleccionando a Child Care Solutions como su lugar de capacitación.

**Visite VoiceCSEA.org o llame al
855.472.6848 para obtener más
información!**