

The Navigator

Spring 2025 | April - June

Happy Spring!

We did it, we made it through another interesting CNY winter! My team and I are eager to assist you in all of your training and technical assistance needs. Be on the look out for new and updated offerings this year and the many special child care focused events.

Best,

Jean Fetzko

Director of Professional
Development



CDA CLASS



Stay tuned for information about our next 120-hour CDA class! EIP and CSEA scholarships are available for participation, along with limited grant funding opportunities for those who are not eligible for full scholarships.

Check our website for updates!

<https://childcaresolutionscny.org/professionals/child-development-associate-cda-training>

Is your membership up-to-date?

An annual membership for you or your program provides discounts on training throughout the year.

Join or renew today!

More information available on our website

<https://childcaresolutionscny.org/Uploads/2025MembershipApp.pdf>

Provider Profile Update

Does our Parent Services Department have your most current program information? Update it now to ensure we have the correct details!

Use the link or scan the QR code below.

https://childcaresolutionscny.formstack.com/forms/update_program_info



We provide families with resources to help them find the child care that will best meet their needs.

Don't Miss Out!

Get your personalized workshops scheduled!

Contact Jean Fetzko today at (315) 446-1220 ext. 314 to schedule your low-cost, on-site training, and we will come to you!

We can customize your training to meet your staff's needs, specializing in infant/toddler topics, classroom setup, engagement techniques, behavior management, team building, business and administrative support, as well as, curriculum ideas.

Did you know?

In addition to training, the Professional Development Team provides specialized support to all programs in Cayuga and Onondaga Counties.

Consultation/Technical Assistance for program improvement:

- Business Management
- Environment Set-Up
- Infant/Toddler Supports
- CDA Observations
- Corrective Action Compliance
- Owner/Director Supports

Contact us to see how we can help!

OCFS Topic Areas

1 Principles of Childhood Development

2 Nutrition & Health Needs of Infants & Children

3 Child Day Care Program Development

4 Safety & Security Procedures

5 Business Record Maintenance & Management

6 Child Abuse & Maltreatment Identification & Prevention

7 Statutes & Regulations Pertaining to Child Day Care

8 Statutes & Regulations Pertaining to Child Abuse & Maltreatment

9 Education & Information on Shaken Baby Syndrome

10 Adverse Childhood Experiences, Focused on Understanding Trauma

April Workshops

Loose Parts with Infants and Toddlers

Monday April 14
6:30-8:30 PM



This training explores ways to support cognitive and fine motor development in a safe and developmentally appropriate manner. Participants will learn ways to use loose parts to promote STEM learning with infants and toddlers in their care, as well as the appropriate way to implement these activities in their classroom.

Instructor: Katie Whitaker

Topic Areas: 1,3,4,7

Building Healthy Eaters

Wednesday April 23
6:30-8:30 PM

How can we involve children in making healthy choices? How can we design snack options that are healthy and appealing to children? We explore both of these questions and more, as we unravel the world of picky eaters and successful snack menu planning.

Instructor: Lisa Jillson

Topic Areas: 1,2,3

Beyond the Book

Wednesday April 30
6:30-8:30 PM

*Participants will go beyond the book and take with them ideas for continuing the story into other areas of their program. This will be a **make and take** session to bring activities back to your program.*

Instructor: Jean Fetzko

Topic Areas: 1, 3



April is Child Abuse
Prevention Month

visit

<https://www.preventchildabuseny.org/>



What is your plan to celebrate this year?

for more information go to:

<https://www.naeyc.org/events/woyc>

Cost: Member: \$20.00 | Non-Member: \$30.00

May Workshops

Experiencing Outdoor Play with Infants in the Summertime

Tuesday May 6
6:30-8:30 PM

Outdoor time is not only required by regulation, it is also extremely important for children's development, including infants. In this training, we will discuss the many experiences infants can safely have during outdoor play in the summertime.

Instructor: Lisa Jillson
Topic Areas: 1,3,4,7

Mealtime Challenges In Group and Family Day Care

Wednesday May 21
6:30-8:30 PM

Mealtime is about more than proper nutrition. Participants will discuss creating a nurturing, safe environment for children where time is spent connecting with other children and adults. Participants will be able to recognize the benefit of engaging with children during mealtimes. Including children of all ages in meal preparation, as well as incorporating family style dining in your program, will be discussed.

Instructor: Lisa Jillson
Topic Areas: 1,2,3

Tummy Time!

Tuesday May 13
6:30-8:30 PM

This training will help participants understand the importance of tummy time for healthy infant physical growth and development. Techniques for different age infants will be demonstrated.

Instructor: Jean Fetzko
Topic Areas: 1, 4

Self Help Skills for Toddlers

Monday May 19
6:30-8:30 PM



Transitioning into toddlerhood is exciting and full of new opportunities for children and caregivers! This training examines development through the toddler years and how providers can support increased independence and self help to the children in their care.

Instructor: Katie Whitaker
Topic Areas: 1,2,3,4

Child Abuse and Maltreatment Including Shaken Baby Syndrome

Wednesday May 28
6:30-8:30 PM

Childcare providers play a special role in the lives of children. A major part of a provider's role is to keep children safe. One way providers can keep children safe is by recognizing the signs of abuse. In this training, we will discuss the role of the mandated reporter. We will also review the summary guide for mandated reporters. Participants will identify indicators of child abuse and maltreatment/neglect and learn the procedure for making reports of suspected child abuse and maltreatment/neglect.

Instructor: Jean Fetzko
Topic Areas: 6,8,9

A graphic for "May 9th Provider Appreciation Day". It features a large heart shape filled with various words in different colors and fonts, including "Thank You", "Asante", "Merci", "Gracias", "Danke", "Terima Kasih", "Ua Tsaug Rau Ko", "Mertumesc", "Vinaika", "Kiitos", "Welaim", "Salamat", "Spasibo", "Matondoo", "Neringrazjak", "You are appreciated", "Chokrane", "Heckchaber", "Asan", "Rigato", "Spasibo", "Obri", "Matur", "Kiitos", "Thank You", "Mertumesc", "Danke", "Terima Kasih", "Ua Tsaug Rau Ko", "Mertumesc", "Vinaika", "Kiitos", "Welaim", "Salamat", "Spasibo", "Matondoo", "Neringrazjak", "You are appreciated", "Chokrane", "Heckchaber", "Asan". The text "May 9th" is written in large blue letters at the top, and "Provider Appreciation Day®" is written in blue below the heart. Below the heart, it says "is celebrated the Friday before Mother's Day every year to recognize child care providers, teachers and other educators of young children everywhere." The background is a light green rounded rectangle.

May 9th

Provider Appreciation Day®

is celebrated the Friday before Mother's Day every year to recognize child care providers, teachers and other educators of young children everywhere.



June Workshops

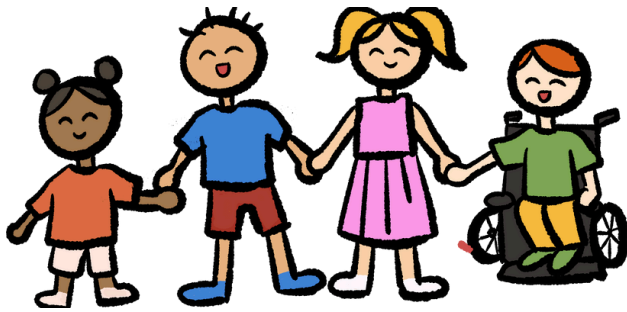
Teaching Children in a Diverse World

Wednesday June 4
6:30-8:30 PM

This training will discuss the many different issues that arise around the topics of diversity, culture, abilities. We will discuss how to help children grow an understanding and appreciate the differences (and similarities) in people. Focus will also include ideas on helping children develop a healthy sense of self.

Instructor: Lisa Jillson

Topic Areas: **1, 3**



Incorporating Language and Literacy with Infants & Toddlers

Tuesday June 24
6:30-8:30 PM

This training will provide a variety of ways to support language and literacy development for infants and toddlers. It will look at the environment in a program and how to implement appropriate language and literacy strategies for infants and toddlers.

Instructor: Jean Fetzko

Topic Areas: **1,3**



Auburn Office

Looking for training offered in our Auburn office, inside the PlaySpace?
(100 North Street, Suite 2, Auburn)



What Can We Do About Adverse Childhood Experiences (ACEs)?

Thursday June 12 (**Auburn Office**)
6:30-8:30 PM

This training will give childcare providers a better understanding of Adverse Childhood Experiences (ACEs) and strategies that can be used in our programs to reduce the impact of ACEs. (Participants should come with some general knowledge about ACEs.)

Instructor: Jean Fetzko

Topic Areas: **3,10**



Cost: Member: \$20.00 | Non-Member: \$30.00

Business Trainings with Kathleen Gardiner

Auburn and Syracuse

April

Managing Your Business-Tax Prep

Wednesday April 2
6:30-8:30 PM
(Syracuse)

-or-

Thursday April 10
6:30-8:30 PM
(Auburn)

Tax Prep 101 - Come learn the basics regarding filing your taxes as a small business. This training will touch on record-keeping, time/space percentage and proper IRS forms to file.

Topic Areas: **3, 5, 7**

CORE Staff Recruitment & Retention

Extended session!

Monday April 21
6:00-9:00 PM
\$30.00/\$45.00

This training is designed for DCC & SACC administrators looking for tips and tools on how to attract and retain high quality staff.

Topic Areas: **3, 5, 7**



May

Completing Classroom Paperwork (DCC/SACC)

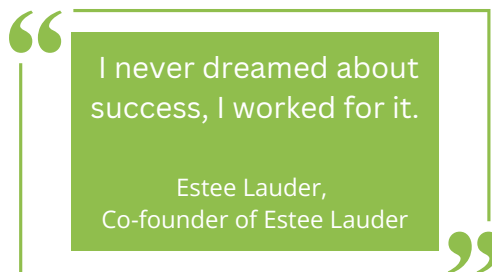
Monday May 12
6:30-8:30 PM
(Syracuse)

-or-

Thursday May 15
6:30-8:30 PM
(Auburn)

Join CC Business Specialist Kathleen Gardiner for this interactive training where you learn what and how to complete the daily paperwork required by NYS OCFS regulatory standards.

Topic Areas: **3, 5, 7**



June

Marketing Your Program Fill Those Spots!

Monday June 2
6:30-8:30 PM
(Syracuse)

-or-

Wednesday, June 18
6:30-8:30 PM
(Auburn)

Come learn new marketing tips, tricks and tools to fill your open child care spots!

Topic Areas: **3, 5**

SUPER SATURDAY!

It's Your Business!

Saturday June 7
8:30-11:30 AM
\$30.00/\$45.00

Extended session!

When you are comfortable and sure that your paperwork is in order, compliance concerns and worries are dramatically reduced. Come learn ALL the pieces of having your G/FDC operate professionally with your paperwork, paperwork, paperwork!

Topic Areas: **3, 5, 7**

Cost: Member: \$20.00 | Non-Member: \$30.00
unless otherwise noted*

Note: Trainings are held in our Auburn and Syracuse offices.

MAT (Medication Administration Training)

We hope to be able to provide this important training again, very soon, in the meantime, please go to the Early Childhood Education & Training Program (Professional Development Program) <https://www.ecetp.pdp.albany.edu/index.aspx> and search for a MAT trainer.

Then check our website training calendar for updates!

<https://childcaresolutionscny.org/calendar>

Host an onsite
CPR class at your
location, we will
come to you!

Adult and Pediatric CPR/First Aid

Participants who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR (valid for two years).

Cost: Member \$115.00 | Non-Member \$125.00 | Special on-site pricing call 315-446-1220 x 314

Instructor: Lisa Jillson | 7 Credit Hours

Syracuse Office

Saturday, April 19
8:30 AM - 3:30 PM

OR

Saturday May 17
8:30 AM - 3:30 PM

Auburn Office

Tuesday June 10 & Wednesday June 11
6:30-9:30 PM **must attend both nights**

To Register: Visit <https://childcaresolutionscny.org/training/calendar>

Health & Safety Training for New Family or Group Family

Successful completion of this course is required for all new or group family day care providers in New York, prior to licensure or registration. **Cost: \$250.00**

***Note: Must attend all 3 dates . | 15 Credit Hours**

Instructor: Kris Kline

Monday & Wednesday May 12 & 14 9:00 AM - 4:00 PM
Friday May 16 : 9:00 AM - 2:00 PM

To register visit: <https://childcaresolutionscny.org/event/health-safety-2025-05-12>

Food Program

For Children & Adults



Want to boost nutrition and funding for your child care meals? Child & Adult Care Food Program (CACFP) is a federally funded program designed to improve the nutritional quality of meals served to children in child care centers and child care homes.

On CACFP you must keep daily records including your child attendance, your menus, and your meal counts. The amount of reimbursement you receive is based on the location of your home, your income, or the income of the parents you serve. Your own children may be eligible to participate if you meet the income guideline.

All information is kept confidential.

To participate in CACFP or to receive more information, please contact Ashley Gladden CMP, CCNP at (315) 446-1220 x353 or ashleyl@childcaresolutionscny.org.

Infant & Early Childhood Mental Health Consultation

Our IECMH team is available and eager to work with you in person, online using Zoom, over the phone, or through email!

The Infant & Early Childhood Mental Health Consultation Program is a state-wide model of quality mental health consultation that strives to improve children's social and emotional functioning, reduce challenging behaviors, and address the prevalence of suspensions and expulsions of children of color.

What makes this project unique is an intentional focus on caregivers who are caring for children birth-to five years of age. This is not therapy or a direct service to the child, but rather a partnership with adult caregivers to support the mental health and development of the children they serve.

Please contact Nicole Pujia at (315) 446-1220 x313 for more information or scan the QR code for our self-referral and we will contact you.





Non-Profit Org.
U.S. Postage
PAID
Syracuse, NY
Permit No. 1027

Current Resident:

Call: (315) 446-1220

Email: ccs@childcaresolutionscny.org

Website: www.childcaresolutionscny.org

Hours of Operation:

Syracuse: Mon. - Fri. | 8:30 AM - 4:30 PM

Auburn: Tues. - Fri. | 8:30 AM - 4:00 PM

