

The Navigator

Summer 2025 | July - September



*Lea las páginas
3 y 8 para
capacitaciones
en español*



August is a busy month—don't miss out
Call to schedule your on-site today!

Contact Jean Fetzko at (315) 446-1220 ext. 314 to schedule your Professional Development sessions while there is still time! We can customize the training to meet your staff's needs. Specializing in infant/toddler topics, classroom set-up, engagement techniques, behavior management, team building, and curriculum ideas.

On-sites require booking at least a month in advance.

Providers can receive up to \$1,250!

———— Apply for funding today!



Discover a unique opportunity to elevate early childhood care in Cayuga County through the Child Care Solutions Child Care Quality Improvement Initiative, which offers essential resources, training, and safety equipment to help providers create safe, engaging, and developmentally appropriate environments.

Apply today by scanning the QR code to access funding that will enhance child development, support ongoing quality improvements, and ensure every child is prepared for a successful future.

Providers who are approved will receive \$500-\$1,250.

***Note: This funding is only available to residents of Cayuga County.**

For questions or concerns, please contact us at ProviderHelp@childcaresolutionscny.org or (315) 446-1220.

Key Topic Areas

1

Principles of
Childhood
Development

4

Safety & Security
Procedures

7

Statutes & Regulations Pertaining to
Child Day Care

2

Nutrition & Health
Needs of Infants
& Children

5

Business Record
Maintenance &
Management

8

Statutes & Regulations Pertaining to
Child Abuse & Maltreatment

3

Child Day Care
Program
Development

6

Child Abuse &
Maltreatment
Identification &
Prevention

9

Education & Information on Shaken
Baby Syndrome

10

Adverse Childhood Experiences,
Focused on Understanding Trauma

Need help paying for trainings?

The Educational Incentive Program (EIP)

The Educational Incentive Program (EIP) is a scholarship program that helps child care providers pay for training and educational activities with the intent to build provider knowledge, skills, and competencies in order to improve the quality of child care. To be eligible for EIP, child care providers are required to take training and must be caring for children in a program regulated by the New York State Office of Children and

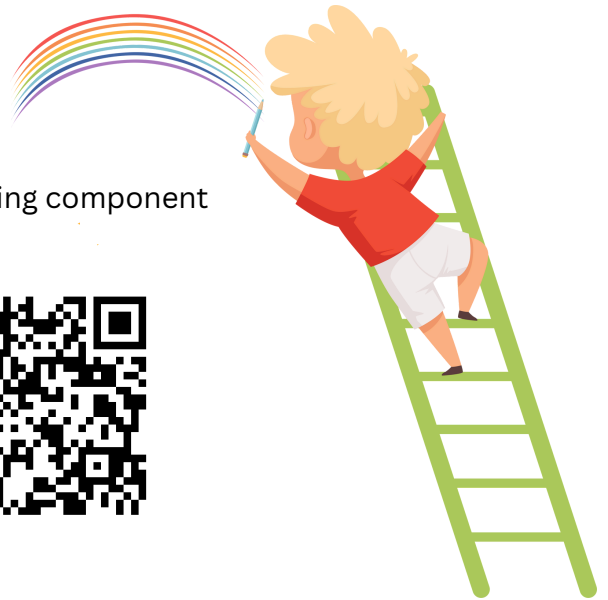
The maximum annual award amounts are:

- College courses \$2,500
- CDA and all other pre-approved credential training \$2,500
- Coaching \$1,100
- CPR/FA \$125 classroom, \$95 online with face-to-face skills testing component
- Trainings, conferences, and workshops \$700

REGISTER NOW



<https://www.ecetp.pdp.albany.edu/eip.aspx>



CSEA/VOICE Professional Development Training Program

This program is open to NYS Registered Family, Licensed Group Family and Legally Exempt childcare providers outside of New York City. Get state approved training to meet enrollment/registration/licensing requirements AT NO COST TO YOU with participating training organizations by using the CSEA/VOICE Professional Development Training Program. There are many child care training topics and hours, delivered by participating training organizations available.

This opportunity is funded by the Professional Development dollars that CSEA/VOICE negotiated in our second union agreement with NYS and OCFS.

How to Use this Program

1. To use CSEA funding go to the VOICE website: www.voicelsea.org
2. Under the “Resources” tab choose “Training” then scroll down to the CSEA/VOICE Professional Development Training Program.
3. Where it says “How to Use this Program” click on the link in #1 and enter your License/Registration/Enrollment Number and CSEA ID# then choose Child Care Solutions as the training location.
4. If you do have problems using the CSEA website please give them a call at (855) 472-6848 for help.

July Workshops

Approaching Allergies and Other Special Health Care Needs in Child Care Settings

Monday, July 7
6:30-8:30 PM
(Syracuse)

Allergies in young children are on the rise; approximately 25% of children have an allergic condition. Asthma is another serious condition affecting young children. Both these and other medical conditions require special approaches for children in childcare. This training will provide participants general information about these conditions, how to respond to the reactions and the opportunity to review the necessary OCFS forms required to manage these special medical needs.

Instructor:
Roselis Canete Hernandez
Topic Areas: 2, 4, 7

Abordando las alergias y otras necesidades especiales de atención médica en entornos de cuidado infantil

Martes, 8 de Julio
6:30-8:30 PM
(Syracuse)

Las alergias en los niños han estado en aumento en las últimas décadas; aproximadamente el 25% de los niños tienen alguna condición alérgica. El asma es otra condición seria que afecta a niños pequeños. Tanto estas como otras condiciones médicas requieren enfoques especiales para los niños en cuidado infantil. Esta capacitación proporcionará a los participantes información general sobre estas condiciones, así como la oportunidad de revisar los formularios de OCFS requeridos para gestionar estas necesidades médicas especiales.

Instructor:
Roselis Canete Hernandez
Topic Areas: 2, 4, 7

Actions Speak Louder

Wednesday, July 9
6:30-8:30 PM
(Syracuse)

Participants will learn strategies to improve nonverbal communication skills.

Instructor: Kris Kline
Topic Areas: 1, 3

Challenging Behaviors for Infants and Toddlers

Thursday, July 10
6:30-8:30 PM
(Syracuse)

This training will focus on some of the challenging behaviors we regularly see in childcare programs with infants and toddlers.

Instructor: Lisa Jillson
Topic Areas: 1, 3, 4, 7

Positive Behavior Guidance

Wednesday, July 16
6:30-8:30 PM
(Auburn)

Participants will gain positive strategies for reducing the likelihood of challenging behaviors in preschool children. Participants will also discuss strategies to manage challenging behaviors once they have occurred.

Instructor: Jean Fetzko
Topic Areas: 1, 3, 7



Practicing the Pause

Tuesday, July 22 | 6:30 - 8:30 PM
Syracuse Office

Come Meet our New Trainer, Tammy Bean!

Participants will learn how mindfulness can enhance positive behavior management skills in children.

Topic Areas: 1, 3

Fine & Gross Motor Development for Infants and Toddlers

Tuesday, August 5
6:30-8:30 PM
(Syracuse)

This hands-on training will focus on supporting both fine and gross motor development with infants and toddlers. Participants will engage in activities as well as discussions pertaining to understanding fine and gross motor development in children under 3 years of age. This training will introduce developmentally appropriate fine and gross motor activities that can be used in the infant/toddler class room environment.

Instructor: Jean Fetzko
Topic Areas: **1, 2, 3**

Brain Development for Infants and Toddlers

Thursday, August 14
6:30-8:30 PM
(Syracuse)

Understanding brain development with infants and toddlers plays an important role in childcare. This training looks at the factors of brain development and how we can create a learning environment that is best for our infants and toddlers.

Instructor: Tammy Bean
Topic Areas: **1, 3**

I/T ACEs

Wednesday, August 6
6:30-8:30 PM
(Syracuse)

What are adverse childhood experiences and how do ACEs influence infants and toddlers? The answers may surprise you! As a caregiver, you have the ability to help shield children from the detrimental effects of ACEs. Learn about how you can play a key role in prevention.

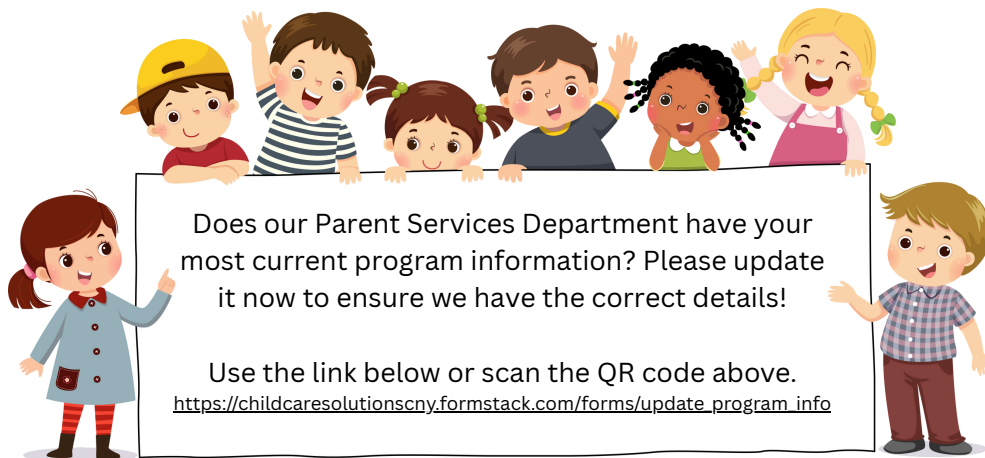
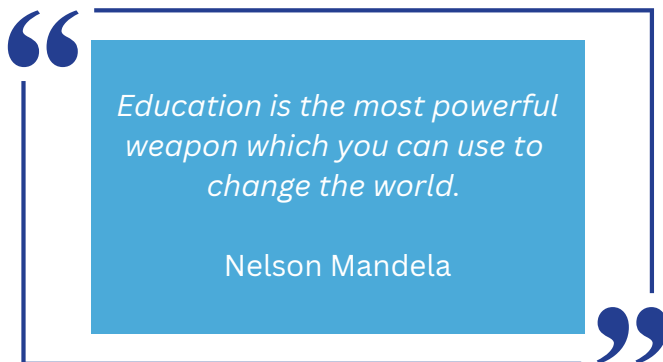
Instructor: Lisa Jillson
Topic Areas: **3, 10**

Child Abuse and Maltreatment: Making the Call

Wednesday, August 13
6:30-8:30 PM
(Syracuse)

This training will focus on recognizing signs of abuse and maltreatment, proper documentation, and the procedures of making a report to the child abuse and maltreatment hotline.

Instructor: Kris Kline
Topic Areas: **5, 6, 7, 8, 9**



September Workshops

Playground Readiness

Tuesday, September 9
6:30-8:30 PM
(Syracuse)

This workshop will focus on the playground space being ready for children. Participants will discuss ways to ensure the play area is safe and ready for children to explore as well as ways to ensure their first aid kit is nearby and fully stocked.

Instructor: Lisa Jillson
Topic Areas: 3, 4

From Seed to Tree

Wednesday, September 10
6:30-8:30 PM
(Syracuse)

Through a combination of hands-on activities and informative sessions, participants will gain a deeper understanding of Adverse Childhood experiences (ACEs) and the long-lasting effects on development. Participants will learn practical strategies to implement in their environment, helping to reduce the impact of ACEs on the children in their care.

Instructor: Kris Kline
Topic Areas: 1, 3, 4, 10

Baby Talk

Tuesday, September 23
6:30-8:30 PM
(Auburn)

Focus on the importance of communication with infants and toddlers and the brain development that occurs when caregivers are focusing on young children and interacting with them in meaningful, give-and-take conversations. Participants will discuss techniques for engaging infants and toddlers in conversation and relationship-building with caregivers.

Instructor: Tammy Bean
Topic Areas: 1, 3

Positive Behavior Guidance

Tuesday, September 30
6:30-8:30 PM
(Syracuse)

In this training, participants will gain positive strategies for reducing the likelihood of challenging behaviors in preschool children. Such as creating a nurturing relationship with children and providing a predictable routine. Participants will also discuss strategies to manage challenging behaviors once they have occurred as well as reviewing the OCFS Regulations section on behavior management.



Instructor: Kris Kline
Topic Areas: 1, 3, 7

**Is your
membership
up-to-date?**

**An annual
membership for
you or your
program provides
discounts on
training
throughout the
year.**

**JOIN OR RENEW
TODAY!**



 www.ccsny.org
 (315) 446 - 1220

Cost: Member: \$20.00 | Non-Member: \$30.00

Business Trainings with Kathleen Gardiner

(Held in our Auburn and Syracuse Offices)

July

Marketing Your Child Care Business

Monday, July 14

6:30 - 8:30 PM

(Auburn)

-or-

Monday, July 21

6:30 - 8:30 PM

(Syracuse)

Participants will review and discuss the many aspects of building and marketing their childcare business. Participants will learn how to assess community needs and identify the attributes of their own program to appeal to families. We'll also explore the INTERNAL marketing aspects of a successful early childhood program including Parent Handbook development, considerations when making initial contact with perspective families and intake procedures. There will be a brief overview of required OCFS forms needed for enrollment into the program.

Topic Areas: 3, 5, 7

August

Do You Want to Open a Child Care Center?

Tuesday, August 12

6:30 - 8:30 PM

(Auburn)

-or-

Monday, August 18

6:30-8:30 PM

(Syracuse)

Have you personally dreamed of opening a child care center?

Are you a business looking to take advantage of the generous NYS tax Credit by opening a child care center for your business?

Come meet with the Child Care Solutions Business Specialist and learn preliminary details of the licensing process!

Topic Areas: 5, 7



September

Creating an Early Childhood Program Business Plan

Monday, September 22

6:30-8:30 PM

(Auburn)

-or-

Monday, September 29

6:30-8:30 PM

(Syracuse)

Preparing a business plan allows you to think about all the things you need to plan and implement to START your child care business, EXPAND your business, and ACHIEVE goals you have for your program. Come work with CCS's Business Specialist to learn how to create a business plan that will help you START, DEVELOP, and GROW a child care business you'll love.

Topic Areas: 3, 5, 7

Professionalism & Parent Communication

Thursday, September 25

6:30-8:30 PM

(Syracuse)

Join CCS Business Specialist to hone your skills of effective communication to build positive relationships with families.

Topic Areas: 3, 5, 7

FREE NEW TRAINING FOR LE PROVIDERS!

Prepping for Your Annual LE Inspection

July 18 | 11:00 AM - 1:00 PM (Auburn)

July 24 | 11:00 AM - 1:00 PM (Syracuse)

Learn the 5 W's of how to get ready for your annual inspection as a legally exempt child care provider.

Topic Areas: 5, 7

Cost: Member: \$20.00 | Non-Member: \$30.00 (Unless otherwise noted)



www.childcaresolutionscny.org/training/calendar



(315) 446-1220

Adult and Pediatric CPR/First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat/cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Participants who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR (valid for two years).

Cost: Member \$115.00 | Non-Member \$125.00 | Special on-site pricing call 315-446-1220 x 314

Instructor: Lisa Jillson | 7 Credit Hours

Syracuse Office

Saturday, July 19
8:30 AM - 3:30 PM

Syracuse Office

Saturday, September 13
8:30 AM - 3:30 PM

To Register: Visit <https://childcaresolutionscny.org/training/calendar>

Health & Safety Training for New Family or Group Family

This competency-based course provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new or group family day care providers in

New York, prior to licensure or registration. **Cost: \$250.00**

***Note: Must attend all 3 dates | 15 Credit Hours**

Instructor: Kris Kline

Syracuse Office

Monday & Tuesday, July 21 & 22: 9:00 AM - 4:00 PM
Friday, July 25: 9:00 AM - 2:00 PM

To register visit: <https://childcaresolutionscny.org/event/health-safety-2025-07-21>

How to Register with PDP

1. Go to <https://www.ecetp.pdp.albany.edu> and create an account. You'll need an email address, your Facility ID # to create a username and password.
2. Once your account is created, go to <https://www.ecetp.pdp.albany.edu/findtraining.aspx> and search for either MAT or Health & Safety. Then choose your preferred date and click "Apply for this Training."
3. After signing up on PDP, you will be emailed a payment link.

MAT (Medication Administration Training)

The MAT course is a skill-based training to help you administer medication safely in your program. The course is eight (8) hours of training and includes a video training component as well as hands-on demonstrations. The training provides an overview of medication effects and ways to give both over-the-counter and prescription medication; preparation and administration techniques; permission and instruction requirements; emergency care and special situations and the handling, storage and safe disposal of medication.

There are two different options to earn MAT certification: Independent Study and Classroom Based. Both options require some time in a MAT class, both result in the same 8-hour certification. Child Care Solutions is offering Independent Study at this time.

MAT Independent Study: This option is designed to meet the needs of participants who prefer to work at their own pace learning the materials required to obtain a MAT certification. You must first complete the independent study portion of the course on your own (about 3-4 hours watching videos and completing exercises) before coming into the classroom for the review, practice session and testing of what you have learned, then you must attend one of the dates listed below to complete the 8-hour course. Please note- a working email address is required when registering.

Instructor: Roselis Canete Hernandez | 8 Credit Hours

\$150

Offered in English at our Syracuse Office

Saturday, August 9
9:00 AM - 1:30 PM

Ofrecido en Español en Nuestra Oficina de Syracuse

Sabado, Septiembre 6
9:00 AM - 1:30 PM

El curso MAT es una capacitación basada en la adquisición de habilidades para ayudarle a administrar medicamentos de manera segura en su programa. El curso tiene una duración de ocho (8) horas de entrenamiento e incluye una capacitación a través de videos además de demostraciones prácticas. La capacitación proporciona una visión general de los efectos de los medicamentos y formas de administrar tanto medicamentos de venta libre como recetados; técnicas de preparación y administración; requisitos de permiso e instrucciones; atención de emergencias y situaciones especiales y el manejo, almacenamiento y eliminación segura de medicamentos.

Hay dos opciones diferentes para obtener la certificación de MAT: Estudio Independiente y curso completamente Presencial. Ambas opciones requieren tiempo en clase y ambas resultan en la misma certificación de 8 horas. Child Care Solutions está ofreciendo la opción de estudio independiente en este momento.

Estudio Independiente de MAT: Esta opción está diseñada para satisfacer las necesidades de los participantes que prefieren trabajar a su propio ritmo aprendiendo los materiales requeridos para obtener una certificación MAT. Primero debes completar la parte de estudio independiente del curso por tu cuenta (aproximadamente 3-4 horas viendo videos y completando ejercicios) antes de asistir al aula para la revisión, la sesión de práctica y la evaluación de lo que has aprendido. Luego, debes asistir a una de las fechas listadas a continuación para completar el curso de 8 horas. Tenga en cuenta que se requiere una dirección de correo electrónico activa al registrarse.

Food Program

For Children & Adults



Want to boost nutrition and funding for your child care meals? Child & Adult Care Food Program (CACFP) is a federally funded program designed to improve the nutritional quality of meals served to children in child care centers and child care homes.

On CACFP you must keep daily records including your child attendance, your menus, and your meal counts. The amount of reimbursement you receive is based on the location of your home, your income, or the income of the parents you serve. Your own children may be eligible to participate if you meet the income guideline.

All information is kept confidential.

To participate in CACFP or to receive more information, please contact Ashley Gladden CMP, CCNP at (315) 446-1220 x353 or ashleyl@childcaresolutionscny.org.

Infant & Early Childhood Mental Health Consultation

Our IECMH team is available and eager to work with you in person, online using Zoom, over the phone, or through email!

The Infant & Early Childhood Mental Health Consultation Program is a state-wide model of quality mental health consultation that strives to improve children's social and emotional functioning, reduce challenging behaviors, and address the prevalence of suspensions and expulsions of children of color.

What makes this project unique is an intentional focus on caregivers who are caring for children birth-to five years of age. This is not therapy or a direct service to the child, but rather a partnership with adult caregivers to support the mental health and development of the children they serve.

Please contact Nicole Pujia at (315) 446-1220 x313 for more information or scan the QR code for our self-referral and we will contact you.



Training Registration Form

Name: _____

Name of Program: _____

Address: _____

State: _____ Zip: _____

Email: _____ Phone: _____

Member Price: \$20.00 & Non-Member Price: \$30.00 (*Unless Otherwise Noted*)

All workshops are held at our Syracuse office located at 6724 Thompson Road, unless otherwise noted. Mail form & payment (check or cash) to **6724 Thompson Road, Syracuse, NY 13021**, scan the **QR Code**, or visit our training center to register: <https://childcaresolutionscny.org/training/calendar>



Date	Time	Workshop Title	Cost
		Total	\$

Please contact our Syracuse office at (315) 446-1220 with any questions or concerns.
Please visit childcaresolutionscny.org/policies-procedures for further policies and procedures.

OCFS Requirements

All child care staff, employees, caregivers, and volunteers with regular and substantial contact with children are required to complete a total of 30 hours of training every two years covering the 10 categories. (Key Topic Areas).



Non-Profit Org.
U.S. Postage
PAID
Syracuse, NY
Permit No. 1027

Current Resident:

Call: (315) 446-1220

Email: ccs@childcaresolutionscny.org

Website: www.childcaresolutionscny.org

Hours of Operation:

Syracuse: Mon. - Fri. | 8:30 AM - 4:30 PM

Auburn: Tues. - Fri. | 8:30 AM - 4:00 PM

