

The Navigator

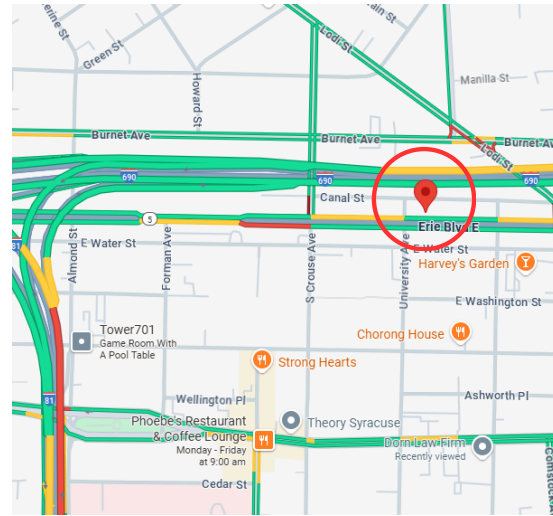
Fall 2025 | October - December



 **EXCITING NEWS!!!**

WE ARE

MOVING



Our new Syracuse office will be located at 1101 Erie Blvd. East

For updates on our move-in date, follow us on Facebook and Instagram, or visit our website at www.ccschny.org.



Key Topic Areas

See pg. 10 for OCFS Requirements

1

Principles of Childhood Development

2

Nutrition & Health Needs of Infants & Children

3

Child Day Care Program Development

4

Safety & Security Procedures

5

Business Record Maintenance & Management

6

Child Abuse & Maltreatment Identification & Prevention

7

Statutes & Regulations Pertaining to Child Day Care

8

Statutes & Regulations Pertaining to Child Abuse & Maltreatment

9

Education & Information on Shaken Baby Syndrome

10

Adverse Childhood Experiences, Focused on Understanding Trauma

Need help paying for trainings?

The Educational Incentive Program (EIP)

The Educational Incentive Program (EIP) is a scholarship program that helps child care providers pay for training and educational activities with the intent to build provider knowledge, skills, and competencies in order to improve the quality of child care. To be eligible for EIP, child care providers are required to take training and must be caring for children in a program regulated by the New York State Office of Children and Family Services.

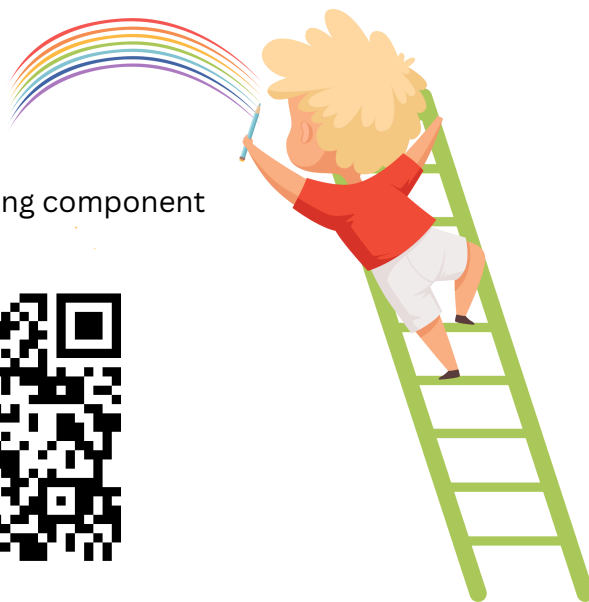
The maximum annual award amounts are:

- College courses \$2,500
- CDA and all other pre-approved credential training \$2,500
- Coaching \$1,100
- CPR/FA \$125 classroom, \$95 online with face-to-face skills testing component
- Trainings, conferences, and workshops \$700

REGISTER NOW



<https://www.ecetp.pdp.albany.edu/eip.aspx>



CSEA/VOICE Professional Development Training Program

This program is open to NYS Registered Family, Licensed Group Family and Legally Exempt child care providers outside of New York City. Get state approved training to meet enrollment/registration/licensing requirements AT NO COST TO YOU with participating training organizations by using the CSEA/VOICE Professional Development Training Program. There are many child care training topics and hours, delivered by participating training organizations available.

This opportunity is funded by the Professional Development dollars that CSEA/VOICE negotiated in our second union agreement with NYS and OCFS.

How to Use this Program

1. To use CSEA funding go to the VOICE website: www.voicecsea.org
2. Under the “Resources” tab choose “Training” then scroll down to the CSEA/VOICE Professional Development Training Program.
3. Where it says “How to Use this Program” click on the link in #1 and enter your License/Registration/Enrollment Number and CSEA ID# then choose Child Care Solutions as the training location.
4. If you do have problems using the CSEA website please give them a call at (855) 472-6848 for help.

October Workshops

Early Experiences with Language

Monday, October 6
6:30-8:30 PM
(Syracuse Office)

The first three years of life are monumental for many things, and language is one of them. It is important for our infants and toddlers that we care for to have many experiences with language. In this training we will look at ways to explore early language experiences in our child care programs in a developmentally appropriate way.

Instructor: Tammy Bean
Topic Areas: 1, 3

The Basics of Behavior

Wednesday, October 15
6:30-8:30 PM
(Syracuse Office)

Participants will review the Behavior Management Regulations and what we can do to help reduce the likelihood of challenging behaviors.

Instructor: Lisa Jillson
Topic Areas: 1, 3, 5, 7

“*In youth we learn; in age we understand.*”
Marie von Ebner-Eschenbach

Fine Motor, Gross Motor with Infants and Toddlers

Thursday, October 16
6:30-8:30 PM
(Syracuse Office)

-or-

Thursday, October 23
6:30 - 8:30 PM
(Auburn Office)

This hands-on training will focus on supporting both fine and gross motor development with infants and toddlers. Participants will engage in activities as well as discussions pertaining to understanding fine and gross motor development in children under 3 years of age. This training will introduce developmentally appropriate fine and gross motor activities that can be used in the infant/toddler classroom environment.

Instructor: Tammy Bean
Topic Areas: 1, 2, 3



Ethics in Early Child Care

Tuesday, October 28
6:30-8:30 PM
(Syracuse Office)

Working in early child care there are times we find ourselves facing ethical situations. In this workshop participants will have the opportunity to examine the NAEYC Code of Ethical Conduct, and its uses in processing those ethical dilemmas.

Instructor: Lisa Jillson
Topic Areas: 3, 4



HOW TO MAKE PUMPKIN SPICE HOMEMADE PLAYDOUGH:

Ingredients Needed To Make Homemade Playdough

The ingredients below will make 1 ball of play dough.
1 cup of flour per scent of playdough
1/2 cup of salt
2 teaspoons of cream of tartar
1 cup of boiling water
2 tablespoons of vegetable oil
Food coloring (red, brown, orange)

Playdough Autumn Scents

Apple Pie Playdough – 1/2 Teaspoon of Apple Pie Spice
Pumpkin Pie Playdough – 1/2 Teaspoon of Pumpkin Spice, Nutmeg, and All Spice
Cinnamon Playdough – 1-2 drops of Cinnamon Bark Essential Oils

Cost: Member: \$20.00 | Non-Member: \$30.00 (Unless otherwise noted)

Experiencing Outdoor Play with Infants in the Fall

Monday, November 3
6:30-8:30 PM
(Syracuse Office)

Outdoor time is not only required by regulation, but it is extremely important for children's development, including infants. In this training, we will discuss the many experiences infants can safely have during outdoor play.

Instructor: Tammy Bean
Topic Areas: 1, 3, 4, 7

Preparing for Terrific Transitions

Tuesday, November 4
6:30-8:30 PM
(Syracuse Office)

Do you find it challenging to transition children from one activity to another? Do you find yourself comforting family members during drop off time? This workshop is for you! Participants will discuss the importance of working with children during transitions and how to help children and their families cope with separation and transition from home to child care.

Instructor: Lisa Jillson
Topic Areas: 1, 3

Child Abuse and Maltreatment: Making the Call

Wednesday, November 5
6:30-8:30 PM
(Syracuse Office)

This training will focus on recognizing signs of abuse and maltreatment, proper documentation, and the procedures of making a report to the child abuse and maltreatment hotline.

Instructor: Kris Kline
Topic Areas: 5, 6, 7, 8, 9

Supervision Focusing on Infants and Toddlers for Daycare Centers

Thursday, November 13
(Syracuse Office)
-or-
Monday, November 17
6:30-8:30 PM
(Auburn Office)

This training will look at the importance of competent supervision for infants and toddlers specific to Day Care Centers. We will discuss the NYS OCFS Regulations in regards to supervision and strategies for supervision to implement into programs.

Instructor: Tammy Bean
Topic Areas: 1, 3, 4, 5, 7

Positive Behavior Guidance

Tuesday, November 25
6:30-8:30 PM
(Syracuse Office)

In this training, participants will gain positive strategies for reducing the likelihood of challenging behaviors in preschool children. Such as creating a nurturing relationship with children and providing a predictable routine. Participants will also discuss strategies to manage challenging behaviors once they have occurred as well as reviewing the OCFS Regulations section on behavior management.

Instructor: Kris Kline
Topic Areas: 1, 3, 7

Creativity takes courage.

Henri Matisse



December Workshops

Challenges and Successes in Toilet Training

Monday, December 1
6:30-8:30 PM
(Syracuse Office)

-or-

Wednesday, December 10
6:30 - 8:30 PM
(Auburn Office)

This informative training will discuss the challenges/successes related to toilet training focusing on readiness, parent and caregiver communication, toilet training equipment and clothing, regression, and policies and procedures.

Instructor: Tammy Bean
Topic Areas: [1](#), [2](#), [4](#)

Toddler Yoga

Wednesday, December 3
6:30-8:30 PM
(Auburn Office)

This training will focus on different yoga poses, breathing, and meditation strategies that are developmentally appropriate for toddlers. We will look at the importance of these topics and how it can benefit children in the early education field.

Instructor: Lisa Jillson
Topic Areas: [1](#), [2](#), [3](#)

Practicing the Pause

Monday, December 8
6:30-8:30 PM
(Syracuse Office)

Participants will learn to incorporate mindfulness in the classroom encouraging relaxation, improved focus, increased self-esteem, better mood, reinforces social skills, decreases worry, promotes favorable decision making, and self-regulation.

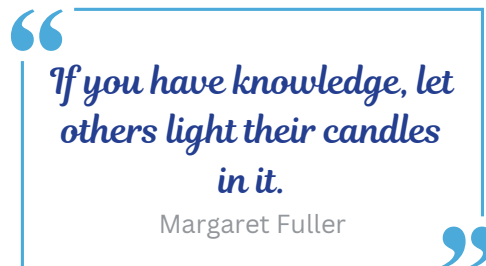
Instructor: Tammy Bean
Topic Areas: [1](#), [3](#)

Safety & Supervision

Tuesday, December 9
6:30-8:30 PM
(Auburn Office)

This training gives participants the opportunity to address OCFS Regulations using “real life” scenarios that will be reviewed, discussed, and addressed using OCFS Regulation criteria.

Instructor: Kris Kline
Topic Areas: [2](#), [4](#), [7](#)



Dissecting a Temper Tantrum

Thursday, December 18
6:30-8:30 PM
(Syracuse Office)

This training focuses on the unique world of infants and toddlers and the challenges of responding to tantrums. We will discuss behaviors associated with tantrums, how we feel about them, factors that influence them, and effective responses to tantrums that support the child.

Instructor: Kris Kline
Topic Areas: [1](#), [3](#)



Cost: Member: \$20.00 | Non-Member: \$30.00 (Unless otherwise noted)

Business Trainings with CCS Business Specialist

(Held in our Auburn and Syracuse Offices)

October

Renewal Ready for Legally Exempt Providers

Tuesday, October 7
6:30-8:30 PM
(Syracuse Office)

Are you a legally exempt provider caring for NON-related children? If so, come learn the 5 W's of getting ready for your annual inspection.

Topic Areas: 3, 5

Contracts & Policies for In-Home Child Care Providers

Thursday, October 9
6:30-8:30 PM
(Auburn Office)

Come learn why in-home child care providers need to establish and enforce contracts and policies. We'll also review your program's current contract and policies for regulatory compliance and thoroughness.

Topic Areas: 3, 5, 7

Understanding Training Requirements & Managing Training Records

Tuesday, October 14
6:30-8:30 PM
(Auburn Office)

Confused about which staff need what training? How much does a new hire need? When do they need it by? When does the "2 year" clock start for each person? Come learn the answer to all these questions AND how to keep track of it all!

Topic Areas: 3, 5, 7

November

Understanding Training Requirements & Managing Training Records

Tuesday, November 4
6:30-8:30 PM
(Syracuse Office)

Confused about which staff need what training? How much does a new hire need? When do they need it by? When does the "2 year" clock start for each person? Come learn the answer to all these questions AND how to keep track of it all!

Topic Areas: 3, 5, 7

Safe & Compliant Transportation for In-Home Providers

Wednesday, November 5
6:30-8:30 PM
(Syracuse Office)

This training will review of the OCFS regulations, examine transportation-related OCFS forms & explore information from NYS DMV and National Highway Traffic Safety Administration guidelines.

Topic Areas: 3, 5, 7

Renewal Ready for Legally Exempt Providers

Wednesday, November 12
6:30-8:30 PM
(Syracuse Office)

Are you a legally exempt provider caring for NON-related children? If so, come learn the 5 W's of getting ready for your annual inspection.

Topic Areas: 3, 5

December

Contracts & Policies for In-Home Child Care Providers

Tuesday, December 2
6:30-8:30 PM
(Syracuse Office)

Come learn why in-home child care providers need to establish and enforce contracts and policies. We'll also review your program's current contract and policies for regulatory compliance and thoroughness.

Topic Areas: 3, 5, 7

Tax Basics for Your In-Home Child Care

Thursday, December 4
6:30-8:30 PM
(Auburn Office)

Come learn the basics regarding deadlines, forms and other considerations when filing your taxes as a small business.

Topic Areas: 3, 5

Onboarding Families for Success in Your Child Care Program

Tuesday, December 9
6:30-8:30 PM
(Syracuse Office)

Preparing & providing a step-by-step onboarding process to use every time a new family enrolls can help ensure open lines of communication are created. Proper onboarding can help avoid misunderstandings and help families integrate into the child care program.

Topic Areas: 3, 5

Cost: Member: \$20.00 | Non-Member: \$30.00 (Unless otherwise noted)

Adult and Pediatric CPR/First Aid

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, injuries, heat/cold emergencies, and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Participants who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR (valid for two years).

Cost: Member \$115.00 | Non-Member \$125.00 | Special on-site pricing call 315-446-1220 x 314

Instructor: Lisa Jillson | 7 Credit Hours

Syracuse Office

Saturday, December 13

8:30 AM - 3:30 PM

Blended Adult and Pediatric CPR/First Aid



Instructor: Lisa Jillson | 7 Credit Hours

Syracuse Office

Saturday, October 4

9:00 AM - 11:30 AM

**NEW
BLENDED
CLASS!**

How it Works

1. Register & Pay: Once you sign up and submit payment, you will receive an email voucher with instructions to access the online training.
2. Complete the Online Portion: The online learning must be completed before attending the in-person skills session.
3. Bring Your Certificate: Print and save your completion certificate and bring it to the in-person class.

*In-Person Session Includes: Hands-on CPR skills for adult and infant, first aid skills and choking.

PLEASE NOTE: You will not be able to participate in the in-person session without proof of completing the online portion. **Cost: Member \$85.00 | Non-Member \$95.00**

Health & Safety Training for New Family or Group Family

This competency-based course provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new or group family day care providers in New York, prior to licensure or registration. **Cost: \$250.00**

***Note: Must attend all 3 dates | 15 Credit Hours**



Instructor: Kris Kline | 15 Credit Hours

Auburn Office

Wed. & Thurs., October 15 & 16: 9:00 AM - 4:00 PM
Friday, October 17: 9:00 AM - 2:00 PM

Syracuse Office

Tues. & Thurs., November 18 & 20: 9:00 AM - 4:00 PM
Friday, November 21: 9:00 AM - 2:00 PM

MAT (Medication Administration Training)

The MAT course is a skill-based training to help you administer medication safely in your program. The course is eight (8) hours of training and includes a video training component as well as hands-on demonstrations. The training provides an overview of medication effects and ways to give both over-the-counter and prescription medication; preparation and administration techniques; permission and instruction requirements; emergency care and special situations and the handling, storage and safe disposal of medication.

There are two different options to earn MAT certification: Independent Study and Classroom Based. Both options require some time in a MAT class, both result in the same 8-hour certification. Child Care Solutions is offering Independent Study at this time.

MAT Independent Study: This option is designed to meet the needs of participants who prefer to work at their own pace learning the materials required to obtain a MAT certification. You must first complete the independent study portion of the course on your own (about 3-4 hours watching videos and completing exercises) before coming into the classroom for the review, practice session and testing of what you have learned, then you must attend one of the dates listed below to complete the 8-hour course. Please note- a working email address is required when registering.

We can come to YOU! Call us at (315) 446-1220 to schedule an on-site today. (Minimum Participants: 4)

Instructor: Roselis Canete Hernandez | 8 Credit Hours

\$150

Offered in English at our Syracuse Office

Saturday, October 11
9:00 AM - 3:00 PM

Ofrecido en Español en Nuestra Oficina de Syracuse

Sabado, Noviembre 8
9:00 AM - 3:00 PM

El curso MAT es una capacitación basada en la adquisición de habilidades para ayudarle a administrar medicamentos de manera segura en su programa. El curso tiene una duración de ocho (8) horas de entrenamiento e incluye una capacitación a través de videos además de demostraciones prácticas. La capacitación proporciona una visión general de los efectos de los medicamentos y formas de administrar tanto medicamentos de venta libre como recetados; técnicas de preparación y administración; requisitos de permiso e instrucciones; atención de emergencias y situaciones especiales y el manejo, almacenamiento y eliminación segura de medicamentos.

Hay dos opciones diferentes para obtener la certificación de MAT: Estudio Independiente y curso completamente Presencial. Ambas opciones requieren tiempo en clase y ambas resultan en la misma certificación de 8 horas. Child Care Solutions está ofreciendo la opción de estudio independiente en este momento.

Estudio Independiente de MAT: Esta opción está diseñada para satisfacer las necesidades de los participantes que prefieren trabajar a su propio ritmo aprendiendo los materiales requeridos para obtener una certificación MAT. Primero debes completar la parte de estudio independiente del curso por tu cuenta (aproximadamente 3-4 horas viendo videos y completando ejercicios) antes de asistir al aula para la revisión, la sesión de práctica y la evaluación de lo que has aprendido. Luego, debes asistir a una de las fechas listadas a continuación para completar el curso de 8 horas. Tenga en cuenta que se requiere una dirección de correo electrónico activa al registrarse.

Food Program

For Children & Adults



Want to boost nutrition and funding for your child care meals? Child & Adult Care Food Program (CACFP) is a federally funded program designed to improve the nutritional quality of meals served to children in child care centers and child care homes.

On CACFP you must keep daily records including your child attendance, your menus, and your meal counts. The amount of reimbursement you receive is based on the location of your home, your income, or the income of the parents you serve. Your own children may be eligible to participate if you meet the income guideline.

All information is kept confidential.

To participate in CACFP or to receive more information, please contact Ashley Gladden CMP, CCNP at (315) 446-1220 x353 or ashleyle@childcaresolutionscny.org.

Infant & Early Childhood Mental Health Consultation

Our IECMH team is available and eager to work with you in person, online using Zoom, over the phone, or through email!

The Infant & Early Childhood Mental Health Consultation Program is a state-wide model of quality mental health consultation that strives to improve children's social and emotional functioning, reduce challenging behaviors, and address the prevalence of suspensions and expulsions of children of color.

What makes this project unique is an intentional focus on caregivers who are caring for children birth-to five years of age. This is not therapy or a direct service to the child, but rather a partnership with adult caregivers to support the mental health and development of the children they serve.

Please contact Nicole Pujia at (315) 446-1220 x313 for more information or scan the QR code for our self-referral and we will contact you.



REGISTER FOR YOUR TRAININGS TODAY!

Scan the QR code or visit
www.childcaresolutionscny.org/calendar.



Note: All training sessions are non-refundable.

Do you want personalized training for your program?

Contact Jean Fetzko at (315) 446-1220 ext. 314 to schedule your Professional Development on-site sessions. We can customize the training to meet your staff's needs. Specializing in infant/toddler topics, classroom set-up, engagement techniques, behavior management, team building, and curriculum ideas.

The Professional Development team also provides:

- ★ Health Care Consultancy
- ★ Technical Assistance
- ★ Business Supports

Note: On-sites require booking at least a month in advance.

OCFS Requirements

Detailed on Pg. 1

All child care staff, employees, caregivers, and volunteers with regular and substantial contact with children are required to complete a total of 30 hours of training every two years covering the 10 categories. (Key Topic Areas).

**Is your
membership
up-to-date?**

An annual
membership for
you or your
program provides
discounts on
training
throughout the
year.

**JOIN OR RENEW
TODAY!**



🌐 www.ccsny.org
📞 (315) 446 - 1220



COMING IN 2026!

EMAO – Emergency Medication Administration Overview

Get ready for EMAO, your OCFS-approved course designed to empower you with essential skills for emergency medication administration.

Be prepared to make a difference when it matters most—stay tuned for more details!

Follow for more



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Syracuse, NY 13210



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