

# The Navigator

Spring 2023

April - June



**CHILD CARE SOLUTIONS**  
*navigating the way to high quality child care*

Call: (315) 446-1220  
Toll Free: (888) 729-7290  
Visit: [www.childcaresolutionscny.org](http://www.childcaresolutionscny.org)

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# The Navigator

leading you to high quality child care provider training

## How to register for our trainings:

**Online Registration:** You can register for any of our trainings and pay by Visa, MasterCard or Discover. Click the title of the class you want to sign up for and complete the registration & payment. If you are an in-home child care provider using CSEA funding, you will have to call 315-446-1220 ext.0 or e-mail us at [CCS@childcaresolutionscny.org](mailto:CCS@childcaresolutionscny.org) with the trainings you would like to be registered in and we will complete the registration for you.

**By Mail:** Complete registration form. Complete all information and return with your check/money order to 6724 Thompson Road, Syracuse, NY 13211.

**In-Person:** You can also visit us at our Syracuse office to register in person.

If you can't find the training, you are looking for please call us at (315) 446-1220. Our professional development experts can customize or create a training specifically tailored to you or your center.

## Sick/Covid Protocols

Masks are no longer required to be worn by staff or students. However both have the option to wear one if they choose. We do ask that if you are not feeling well or have been exposed to Covid that you refrain from attending trainings.

## A note for providers

In the next quarter, prices for individual classes will be increasing.

**\*\*To register to use CSEA/Voice funding to cover workshop fees. Call (315) 446-1220 or email [ccs@childcaresolutionscny.org](mailto:ccs@childcaresolutionscny.org).**

## On Sites

Did you know that similar to our in-person on-site trainings, if you have staff who need training in a specific topic area, **you can schedule a private workshop for your program?**

If you would like to schedule one, please contact Kristi Cusa at [kristic@childcaresolutionscny.org](mailto:kristic@childcaresolutionscny.org).



### Hours of Operation:

Syracuse Office: Mon-Fri 8:30am - 4:30pm

Auburn Office: Tues-Fri 8:30am-4:00pm

### IMPORTANT:

- All trainings are 2 hours (unless otherwise noted)
- All trainings are \$30 for non-members and \$20 for members (unless otherwise noted)
- In-Person trainings are held at 6724 Thompson Rd, Syracuse, NY 13211 (unless otherwise noted)
- Auburn In-Person trainings are held at 100 North St, Auburn NY 13021 at Play-space

**Call:** (315) 446-1220 **E-mail:** [ccs@childcaresolutionscny.org](mailto:ccs@childcaresolutionscny.org) **Visit:** [www.childcaresolutionscny.org](http://www.childcaresolutionscny.org)



## OCFS Requirements

All child care staff, employees, caregivers and volunteers with regular and substantial contact with children are required to complete a total of 30 hours of training every two years covering the 10 categories below.

## Key to OCFS Topic Areas

- 1** Principles of childhood development
- 2** Nutrition and health needs of infants and children
- 3** Child day care program development
- 4** Safety and security procedures
- 5** Business record maintenance and management
- 6** Child abuse and maltreatment identification and prevention
- 7** Statutes and regulations pertaining to child day care
- 8** Statutes and regulations pertaining to child abuse and maltreatment
- 9** Education and information on the identification, diagnosis and prevention of shaken baby syndrome
- 10** Adverse childhood experiences, focused on understanding trauma and on nurturing resiliency (For SACC programs this is category 9)

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# SPRING

# CONFERENCE

**\$150 for Members/ \$175 for non-members. This event is EIP and CSEA eligible!**

## On May 20, 2023

### Child Care Solutions will be holding its Spring Conference IN PERSON!!!

It has been a long time since we have been able to celebrate YOU – the early childhood educator. The staff at Child Care Solutions are planning to welcome you all back in a big way, with training sessions in every OCFS training category and opportunities to network and acknowledge your accomplishments over the past year.

We will be celebrating everyone's return at the BOCES training complex on 110 Elwood Davis Drive in Liverpool from 8:30 to 3:30, with three sessions of trainings where each session will have 3 trainings to choose from. Participants attending the full conference will earn a total of 6 hours of training.

This wonderful event will include coffee and light refreshments in the morning with lunch in the afternoon, and raffle prizes throughout the day!

#### Session 1 (9:15-10:45)

1. Child Abuse and Maltreatment – K. Cusa
2. All About Allergies and Anaphylaxis – Stacey Percy
3. Gross Motor Development for Infants/Toddlers – Rachel Criss

#### Session 2 (10:50-12:20)

1. Cavity Free Kids - Stacey Percy
2. Test Your Knowledge of the OCFS Regulations – Liza Hernandez
3. Emergency Preparedness – Trainer: TBA

#### Session 3 (1:20-2:50)

1. Supporting Children with Special Needs – K. Cusa
2. Ten Books that Support Diversity, Gender, and Self-Esteem – Liza Hernandez
3. Gross Motor Development for Infants/Toddlers – Rachel Criss

**Sign up early as some of the trainings will be limited in the number of people who can attend. Visit <https://bit.ly/3SZUTQA>**

**Our ITMHC team is available and eager to work with you in person, online using Zoom, over the phone or through email!**



Please contact Nicole Cole at [nicolec@childcaresolutions.org](mailto:nicolec@childcaresolutions.org) or call (315) 446-1220 ext 313 for more information.



Scan this QR code with your phone to follow the link for our self-referral and one of our consultants will contact you.

## Join Our Team

### **Professional Development Specialist – Infant Toddler**

The Professional Development Specialist – (Infant Toddler) implements educational and consulting programs for child care providers and other early childhood professionals and parents with the goal of enhancing the quantity and quality of infant/toddler early care and education available throughout Central New York.

### **Professional Development Specialist**

The Professional Development Specialist provides culturally and linguistically appropriate educational and consulting programs for child care providers and other early childhood professionals and parents with the goal of enhancing the quality of early care and education available in the communities we serve.

### **Legally Exempt Specialist**

Legally Exempt Specialists are responsible for processing and approving the applications and renewals for families of children receiving child care assistance who select legally exempt child care providers; conducting compliance Inspections of legally exempt child care programs in Cayuga and Onondaga Counties; and enforcement of applicable laws and regulations with the goal of enhancing the quality and stability of home-based child care in our community. Is responsive to the diverse needs of local families and legally exempt child care providers, and incorporates the perspectives of multiple communities, including communities of color, in consideration of the impacts and outcomes of their work.



To see a more detail descriptions of these opportunities visit [www.childcaresolutionscny.org](http://www.childcaresolutionscny.org)

# Registration Form

Child Care Solutions Member



Name: \_\_\_\_\_

Name of Program: \_\_\_\_\_

Address: \_\_\_\_\_

Zip: \_\_\_\_\_

\*Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Yes No

Not sure? Give us a call!  
(315) 446-1220

\_\_\_\_\_ Renew my membership

\_\_\_\_\_ Sign me up!

Rate: \$ \_\_\_\_\_

Type of Program: \_\_\_\_\_

Facility ID: \_\_\_\_\_

*All workshops are held at our Syracuse Office located at 6724 Thompson Road unless otherwise noted.  
Auburn office address: 100 North Street, Suite 3, Auburn NY 13021  
Member Price= \$20 or Non-member Price= \$30 Unless Otherwise Noted.*

Date	Time	Workshop Title	Cost
	<i>Copy this for each enrollee</i>		Total \$

*Mail this form with payment (check or money order), or go to our Training Calendar to register with a charge card. Read our policies and procedures, <https://bit.ly/policiesCCS>*

Office Use Only:

Date Rec'd:  
CK, MO, EIP, CSEA or cash receipt #:

Total Paid:  
# of Classes:



### Basic Baby Sign Language

Thursday, April 06, 2023

1:00 PM - 3:00PM

Basic baby sign language will allow you to bring back simple sign language to use with infants. This is an opportunity to be able to communicate in a more efficient way to nonverbal infants as they are learning and growing.

*Instructor: Rachel Criss*

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### Keeping Infants Safe

Wednesday, April 12, 2023

6:30 PM - 8:30PM

This training will look at the importance of keeping infants safe in childcare programs and what safety really looks like. Participants will address and discuss the OCFS regulations as they pertain to infant safety.

*Instructor: Kristi Cusa*

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**Contact us today about setting up a specialized training for your program!**



### Teaching Children in a Diverse World

Thursday, April 13, 2023

6:30 PM - 8:30PM

During this presentation we will discuss how can we incorporate "diversity" in our classroom daily learning activities.

*Instructor: Liza Hernandez*

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### Music and Movement with Infants and Toddlers

Wednesday, April 19, 2023

6:30 PM - 8:30PM

This training will look at the importance and benefits of incorporating music and movement with infants and toddlers and implementing developmentally appropriate music and movement activities into programs.

*Instructor: Rachel Criss*

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## May Workshops

### Challenging Behaviors in Young Children

Wednesday, May 24, 2023

6:30 PM - 8:30PM

What is challenging behavior?  
How can we respond effectively to challenging behavior? Any teaching strategies?

Instructor: Liza Hernandez

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### Core Business 1 - Business and Financial Structure

Wednesday, May 31, 2023

6:30 PM - 8:30PM

This training will visit ways to strengthen individual child care business and their financial structure. Participants will look at the components of a child care business plan and different types of business structures as well as the "iron triangle" of finance.

Instructor: Kristi Cusa

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### Handwashing 101

Wednesday, May 31, 2023

6:30 PM - 8:30PM

How many times a day do children wash their hands? Are they doing a good job? In this workshop participants will discuss proper handwashing techniques and how we ensure the OCFS regulations on hand washing are met in our programs. Participants will discuss curriculum ideas for teaching children to be germ busters.

Instructor: Rachel Criss

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*Let the child be the scriptwriter, the director and the actor in their own play. - Magda Gerber*





## Blocks Rock

Monday, June 05, 2023

6:30 PM - 8:30PM

This training offers participants an opportunity to learn about the importance of block play in early childhood learning. Learn how to create a developmentally appropriate block play area in your learning  
*Instructor: Rachel Criss*

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## Creative Arts in SACC Programs

Tuesday, June 13, 2023

1:00 PM - 3:00PM

Participants will discuss the importance of creative expression in SACC programs and take home some fresh ideas for materials and props to provide to school age children for use in their programs.  
*Instructor: Kristi Cusa*

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## Cultural Connections with Infants and Toddlers

Wednesday, June 14, 2023

6:30 PM - 8:30PM

When it comes to culture in a childcare program, working and connecting with families plays a huge role. This training takes a deeper look at how we can adapt our programs to promote culture and make connections while working with infants and toddlers.  
*Instructor: Rachel Criss*

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## Un-Circling Circle Time

Tuesday, June 20, 2023

6:30 PM - 8:30PM

Join us for this new training where we will take a closer look as to why we offer circle time as an activity for young children and why certain activities commonly offered during circle time have little meaning for children. You'll leave with new, fun ways to offer learning experiences as part of a group circle time.  
*Instructor: Kristi Cusa*

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## Core Business 2 - Ongoing Financial Management

Tuesday, June 27, 2023

6:30 PM - 8:30PM

During this training we will focus on financial planning and skills to sustain a program's operations. We will discuss basic accounting terms related to childcare finances and identify common revenues for childcare programs. Participants will review different types of financial record keeping procedures.  
*Instructor: Kristi Cusa*

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## Pizza, Pizza Math

Wednesday, June 28, 2023

6:30 PM - 8:30PM

How to incorporate basic math concepts while having fun preparing pizza.  
*Instructor: Liza Hernandez*

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Looking for something fun to do? Try making some...

## FLUFFY SLIME

- 1/2 cup of Elmer's GLUE-ALL Glue

- 1 1/2 cups of shaving cream

- 2 1/2 TB of contact saline solution with boric acid (you may need a little more solution depending on the consistency of your slime)





## How to Register On PDP



1. Go to <https://www.ecetp.pdp.albany.edu> and create an account. You'll need an email address, your Facility ID # to create a username and password.

## How to Register with PDP



2. Once your account is created, go to <https://www.ecetp.pdp.albany.edu/findtraining.aspx> and search for either MAT or Health & Safety. Then choose your preferred date and click "Apply for this Training."

3. After signing up on PDP, you will be emailed a payment link.

## Instructors Contact Information:

### Kristi Cusa

315-446-1220 x309

[kristic@childcaresolutionscny.org](mailto:kristic@childcaresolutionscny.org)

### Liza Hernandez

315-446-1220 x336

[lizah@childcaresolutionscny.org](mailto:lizah@childcaresolutionscny.org)

### Stacey Percy

315-446-1220 x350

[staceyp@childcaresolutionscny.org](mailto:staceyp@childcaresolutionscny.org)

### Rachel Criss

315-446-1220 x352

[rachelc@childcaresolutionscny.org](mailto:rachelc@childcaresolutionscny.org)

## Certification Courses

**Health & Safety Training For in Home Providers:** This competency-based course provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new family or group family day care providers in New York State prior to licensure or registration, as well as for existing family or group family day care providers who change location or modality.

### You must attend all sessions to earn your certificate.

To sign up for this course you must register with PDP first. Please follow the directions listed at the top of this page that say "How to Register with PDP."

Instructor: Liza Hernandez • Fee: \$250 Member/ Non-Member • 15 Credit Hours

**Saturday trainings are 8-4 pm**  
**Weeknight training is 5:30-9 pm**

**Tuesday, April 4, 2023**  
**Saturday, April 8, 2023**  
**Saturday, April 22, 2023**

**Saturday, May 6, 2023 (Spanish)**  
**Thursday, May 11, 2023 (Spanish)**  
**Saturday, May 27, 2023 (Spanish)**

**Tuesday, June 6, 2023**  
**Saturday, June 10, 2023**  
**Saturday, June 24, 2023**

Certification courses are held at our Syracuse Office located at 6724 Thompson Road.

2 4 5 6 7 8 9 10

**Adult & Pediatric CPR/First Aid:** This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat/cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Students who successfully complete this course will receive a certificate for the American Red Cross Adult and Pediatric First Aid/CPR valid for two years.

There are two types of sessions: Split night session and a full day Saturdays.  
If you choose a split session, you must attend both days. Saturday classes run from 8:30am-3:30pm and weeknight classes are 2 nights from 6:00-9:30pm.

Tuesday, April 25, 2023 and  
Wednesday April 26, 2023

Saturday, May 27, 2023

Saturday, June 17, 2023

*Instructor: Casey Miner*  
*Fee: \$125 Member / \$150 Non-Member*  
*(Non-refundable) 7 Credit Hours*

Wednesday, May 3, 2023 and  
Thursday, May 4, 2023

Wednesday, June 7, 2023 and  
Thursday, June 8, 2023

*Instructor: Heather Dillon*  
*Fee: \$125 Member / \$150 Non-Member*  
*(Non-refundable) 7 Credit Hours*



## MAT

**Medication Administration Training (MAT):** This skills based certification course is required of providers wishing to become approved to administer over-the-counter and prescription medications to children in their programs. We offer two different options to earn MAT certification; Independent Study and Classroom Based. Both options result in the same certification. Both course options cover the following topics:

- An overview of medication effects • Preparation and administration techniques • Ways to give both over-the-counter & prescription medication • Permission, paperwork, and instruction requirements • Emergency care & special situations • The handling, storage and safe disposal of medication

### MAT: Independent Study

This option allows you to complete the majority of the training at home or work at a time convenient for you. A working email address is required. You must first complete the independent study portion of the course on your own (about 3-4 hours watching videos and completing exercises) then attend one of the dates listed below to complete the course. The classroom sessions are held on the following dates and participants must attend both dates on the split sessions.

**Saturday, April 8th, 2023 or June 17th**  
**Independent Study 8:30am-1:30pm**

**Monday, May 8th, 2023 & Wednesday, May 10th, 2023**  
**Split Date Session 5:00pm - 7:30pm**



*Instructor: Stacey Percy*  
*Independent Study Fee: \$150\**  
*Full Day Fee: \$240\**  
*8 Credit Hours*  
*(Fees are non-refundable)*

*\* Rebates available dependent on course completion.*

Sign up for this course by registering with PDP first here: <http://www.ecetp.pdp.edu/>

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