





Creditable Foods, Recipes, Menus, Education and More!

Spring Rolls

Looking to mix up your menu and add more culturally diverse meals? Try NCA's quick and easy Spring Roll recipe. You might even want to have your kids put them together with you for a fun activity in the kitchen!



Get the Recipe

Nibbles for Health

Team Nutrition created colorful and engaging newsletters for parents of young children about popular nutrition topics. There are 12 newsletters available in both English and Spanish. Send these educational newsletters to the families you serve and help them understand the ways they can encourage healthy eating at home.



Start Sharing

Tofu Preparation Tips

Did you know that tofu is creditable in the CACFP as a meat alternate? Including tofu is a great way to diversify your menus and adjust for participants with special diets! Our partners at the Humane Society of the United States have provided this great tip sheet to help you get started serving tofu.



Learn How to Use Tofu

Everything You Need to Know About CN Labels

Are you confused by child nutrition (CN) labels? Do you know when you need to get one, which foods may have a CN label, or how to use them? CN labels can be intimidating, but also highly useful. Our partners at the Institute of Child Nutrition (ICN) have some great resources to guide you through the basics of the CN label!



Understand CN Labels











Check out our Partnership Opportunities!



